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Cover Kodachrome by Josef Muench

Monthly Thoughts

BY CHARLES FILLMORE

From June 1 to June 30

Illumination: I listen to the word of God within me saying, "Let there be light," and I awaken to a new understanding of Truth.

Prosperity: In the stillness of my heart, I touch the one living substance, and I realize that every need is bountifully supplied.

Healing: I respond to the words of Jesus Christ, "thy faith hath made thee whole," and I realize my perfection.

For instructions about these thoughts turn to page 48

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The Goal of Man

from the writings of

CHARLES FILLMORE

IT IS SAID that as astronomers view the involved movements of the heavenly bodies the innate logic of their minds forces them to believe in creative intelligence as the source of the universe. Reverse the telescope and we find another universe revealed by the miscroscope. Here the most commonplace piece of matter swarms with creative life.

In the blood stream is found a vitalizing principle that feeds and energizes the body functions. In modern medical practice when the body is very low in vitality a blood transfusion is given. This transference of vitality from a strong healthy body to a weak ailing one is similar to what Jesus accomplishes in the spiritual transfusion of His blood, and it is in this wise that those who take advantage of it are saved from physical degeneration.

This comparison of the flaming blood of Jesus

with the drab corpuscles of human flesh is too sordid for some persons, and they rebel at the suggestion. Yet our popular science says that there lurks within every cell of this drab blood energies that if set free would vitalize all the people of the world.

That Jesus had this power to liberate the secret spiritual electrons of His blood and impart them to others is attested by His own words. "I am the living bread . . . if any man eat of this bread, he shall live for ever . . . He that eateth my flesh and drinketh my blood hath eternal life." "I am the bread of life."

The liberation of energy by one form of life and its appropriation by another is in evidence in ten thousand ways everywhere. In digesting our food we have the simplest small-scale example of how the mind associates and liberates the hidden electrons. We do not realize it, but the mind plays a part in every liberation of energy in the body. If all mind attention were withdrawn from the stomach digestion would cease. Experimentation with dogs proved that when their attention was wholly on the pursuit of game digestion stopped.

In appropriating the electronic blood stream of Jesus the law of mental concentration is in evidence. He said, "I am the bread of life: he that cometh to me shall not hunger, and he that believeth on me shall never thirst."

Faith is supermind concentration; by and through faith we break into the heavens of the mind where everything is luminous with Spirit. Language is poor and bare in its attempt to put on paper the glories of this sphere of splendor, majesty, and grandeur, which is beyond all description.

People everywhere need this awakening of the spiritual life lurking and sleeping within them, and we who have had even a meager glimpse of its glories should spare no pains to reveal it to them. The world is overloaded with persons who are eager to help their fellows, "if they only had the money." If you have even a slight understanding of the spiritual principles underlying the doctrine of Jesus Christ, you have a possession a thousand times more potent than money. In every walk of life you will find those who are actually starving for Truth. They have reached the limit of physical and intellectual achievement and are groping for the reality of Spirit.

As an example of this crying need for spiritual understanding our attention was once called to a letter in the "Magazine Digest," entitled "Faith or Futility." The author, a member of the British R.A.F., who was about to go into the air with his squadron, writes to his member of Parliament a very hopeless letter, which, as you will discern from these extracts, is caused by lack of spiritual understanding.

"If nothing else happens when you join up, at least you do meet reality. You lose all pretenses of artificial living. In this way I have suddenly seen that my life is meaningless. I mean your life as well—everyone's life. I have become obsessed by the futility of things. I see this same thing in the faces of my R.A.F. companions down here. I have seen it in the eyes of my wife. We are all blinking the one frightful question: What were we born for?

"I want a faith. I must have a faith, and it's no use bringing out nursery yarns about God. I am going through a phase in which I don't believe in

God. I don't believe it is just a phase, either. And yet without God, or something to trust in, there's only endless loneliness."

As we read this hopeless confession of a homesick man we yearn to tell him the truth about God and the magnificent goal of His ideal man. This knowledge would give him the courage to go on in the face of adversities mountain high. This is not the promise of a religious fanatic but comes from one who for years has had intelligent contact with an entity that proves by its work that it exists in a realm transcending the material. This testimony to the existence of a God that can and does communicate with man is buttressed by the history of millions who have told of similar experiences. When we understand that God is a mental existence that requires thought attention to apprehend, we have the key that unlocks the spiritual universe.

The only answer to this widespread craving of man to know his Father-Mother is an explanation based upon Truth, scientific Truth. The popular teachings, in which the personality of God plays such an important part, do not satisfy the logic of the advanced minds of this age. Our colleges teach that all reality is governed by universal laws that cannot be changed at the behest or the arbitrary fiat of God or man. This teaching is proved by laboratory tests and thus lays the foundation in the student's mind for the scientific control of all things, seen and unseen, and breaks down the personal God theology.

When one who has had this academic training is asked to accept on faith the dogmas of a religion based on the assumption that God is a personality

displaying anger, jealousy, revenge, and other evil traits, there is an innate rebellion and declaration of absolute unbelief in any religion.

Again, such a doctrine defeats the highest ambition of man, which is to become Godlike. A man without some kind of aim in life is adrift on a sea of uncertainty. The doctrine of Jesus rightly understood and faithfully applied inspires man to purity and truth, power and final glory. It stabilizes him in his religion and overcomes all limitations of flesh and circumstances.

Farther along in this desperate letter, the R.A.F. man says:

"What am I living for? Why? In my heart I know what the answers are.

"The churches. They can't answer. They seem to me to be chasing round their own private squirrel-cages without reference to realities. They say: 'Overcome evil and love the evildoer.' That strikes me, in the practical example of a Nazi with a tommy gun in his fists, as the biggest piece of boloney."

We have to admit that the dominant forces in the world today plainly say that Satan is in the saddle; the cause being found in the freedom of man to try to build civilization without asking the co-operation of creative Mind. Our boasted civilization has been weighed in the balance and found wanting. We must build anew on the principles taught by Jesus. We are loath to concede that we have failed when there is such evidence of progress in many ways. After the battle with guns is over and peace declared there will remain the battle of minds, wherein lies the real conflict. Here is where a sane

religion will be necessary to stabilize the minds of men on the truths of Christianity.

The contradictions of Christianity can all be ironed out by a right understanding of God and of man's relation to Him. The writer of the "futility" letter reveals a cross section of the mass thought about God and the hopeless confusion that exists in the minds of the people as they think about God and the purpose of existence. He says in conclusion: "I am writing to you to publicize this vast bluff, this pretense that we are born to some noble (but unidentified) purpose."

This pathetic wail of one who is seeing "in a mirror, darkly," appeals to us all, and we are eager to extend the helping hand of the Spirit we know so well. But the limits of the psychological law grip us, and we are warned that we cannot force anyone to study the law that saves to the uttermost when it is understood and applied. Many men have thought that they could lay down certain rules of action and compel all people to follow them. But this is not according to the freedom of thought and action inherent in all men. God is free; man is free. The battle for this liberty is climaxed in the carnage of this world chaos. There will never be permanent peace on earth before this liberty is understood and practiced by all people everywhere.

All men reap the results of sincere prayer. For prayer sets in operation a mighty law of God that will not be denied.—WILLIAM S. ELDRIDGE

Faith

BERDINE SUTCLIFFE

FAITH IS AN ATTITUDE of mind. It is a positive approach to life, for it is a conscious awareness of good. Faith is intangible. It is something that cannot be seen, yet it can be felt within the heart and mind. It is one of the greatest gifts that man can possess. Through right use, faith is the key that unlocks the door leading to buried treasures of Truth within ourselves.

Paul said, "Now faith is assurance of *things* hoped for, a conviction of things not seen." Faith, then, is more than wishful thinking. To hope for something good, either for oneself or for another person, is constructive thinking. Although it reflects a passive state of mind, it is better than having no hope at all. Faith that is understanding and intelligent is dynamic, vital, and practical and produces good results when properly used. Therefore, we must be careful how we use our faith. We must center it on those things that are good, true, and beautiful. We must keep our faith and attention focused on God and His power, which is always active in producing good in our lives and affairs regardless of outward appearances. When we keep our faith centered on the laws of the universe, which include love and divine action, we shall always be divinely inspired to right activity. Thus, we shall be active in helping to create the happiness on earth that rightfully belongs to us. At the same time, we

shall be helping to create better conditions in the lives and affairs of those with whom we associate.

Real faith demands ability to look beyond all outward manifestations of illness, discord, poverty, and unhappiness to the reality in every situation. Where there seems to be illness, we must behold divine perfection and wholeness; where discord and inharmony seem present, we must visualize divine law and order, peace and harmony; and where lack and limitation appear, we must behold a divine supply of God's unlimited blessings, which are capable of filling our every need regardless of its nature.

The pure, loving, intelligent, and constructive thoughts of Christ are always within our consciousness and obediently reveal themselves to us when we identify our minds with His mind, after which we are able to behold the allness of God's love everywhere present. Where there is perfect love, there can be no belief in limitation or the absence of any good thing. Neither can there be doubt nor fear, loneliness nor unhappiness. Love and faith go hand in hand. We cannot have one and lack the other, for they are like God and good—they are synonymous and blend harmoniously.

When with the clear vision of perception we are able to look beyond any negative condition into the invisible realm, our belief will be centered on what the world calls the incredible—the perfect fulfillment of our hearts' desire. It is then that we help to bring into perfect manifestation the gifts expressing the creative power of God's love. This is understanding, intelligent faith, which is given to all who

love God and Truth more than anything else in the world. If you have this faith, you are indeed blessed: for you have a priceless spiritual gift. Therefore, you should guard it well and use it reverently every day of your life in ways that will bless you and all who associate with you.

Those of you who have not yet developed a full realization of your divinity as sons of God, remember to have patience and perseverance. Use the faith that you have, and like a seed it will grow, and in due season its plant will blossom. Therefore, center your faith in God. Have faith in yourself and the God-given talents and gifts within you; have faith in your fellow men. Express your faith in all you do, so that those who are less fortunate than you shall be witnesses to the glory of God's healing presence, as His love and intelligence find perfect expression in and through you. In this way, you can help to establish more peace, harmony, and happiness on earth for yourself and others.

A good way to cultivate a deep, everlasting faith that will always sustain you during challenging experiences is to read, study, and absorb into your consciousness the wonderful promises of the Lord. A few of these are: "Arise, go thy way: thy faith hath made thee whole." "Give and it shall be given unto you; good measure, pressed down, shaken together, running over, shall they give into your bosom. For with what measure ye mete it shall be measured to you again." "Whatsoever ye shall ask of the Father in my name, he may give it you." "Let not your heart be troubled: believe in God, believe also in me." "Eye hath not seen, nor ear heard, neither have en-

tered into the heart of man, the things which God hath prepared for them that love him." "Make you perfect in every good thing to do his will, working in you that which is well-pleasing in his sight, through Jesus Christ."

Faith in a divine promise is the strongest attitude of mental affirmation. Therefore, feel your oneness with Him, who gives the promise; believe in the promise; be ready to receive its divine fulfillment.

Letter to a Friend

Elizabeth Landeweer

Long time I have not heard from you!
The days march by in vast processional,
And grass bears morningtime and evening dew;
The lark intones the same confessional,
And thunderheads in hoary togas nod
Above the mountaintops like sentinels:
I think of how we used to talk of God,
In twilights threaded soft with vesper bells,
Of books we shared together long ago,
Of winter walks— the scent of frosty pine,
Of how you loved the silence of the snow,
And rain upon the roof, and candleshine;
It is not long, the road from heart to heart,
And we are one no matter how we move
On busy paths that keep us far apart.
There are no words—and so I close.

The Purpose of Prayer

J. F. CORLESS

IT IS A FAIRLY common thing to hear someone say, "I prayed so hard, but my prayers were not answered." Suppose someone said, "I built an engine and worked so hard to make it work, but it won't run." An engineer would say to him that the construction of a successful engine depends on certain mechanical principles and at some point he must have ignored or violated some of these principles. The engineer would tell him to correct his mistakes, and the engine will run. Or suppose a bookkeeper said, "I tried so hard to balance my accounts, but I have failed." An accountant would tell him to observe the fundamental principles of accounting faithfully, and he will have no trouble.

So it is with prayer. It is not a question of how long or how loud one prays; it is a question of how correctly, how effectively he prays. This is why we refer to the science of prayer. Prayer is not the exclusive privilege of any creed or church; it can be practiced anyplace by anyone. I recall a letter from a man who said that he prayed during a period of several years but never received an answer to his prayers. Then the man read a short article on effective prayer, and he said he received eight answers within a short time. The thing that determined this success was his coming into an understanding of the essential purpose of prayer. In fact, one of the chief obstacles to success in prayer is our failure to per-

ceive rightly its purpose. If we study the Scriptures carefully, we learn that prayer is the divinely ordained means by which man may approach and contact the Supreme Being, that creative intelligence known to us as God.

Prayer is the way by which we make the acquaintance of God. Jesus taught us the sublime truth that God is our Father. All the Scriptures tell us of the kind, loving, and tender Father-Mother qualities of God. And it is through prayer that those who are troubled or in sorrow may seek and find this divine comfort, consolation, and love. The prophet Isaiah speaks of Spirit being poured out upon us from on high. Yet prayer is the means by which man brings to himself an outpouring of the Spirit of God, which gives him the light of understanding.

Man finds himself bound, limited, and keenly aware of his insufficiency. Yet there is a God from whom comes all good. He is a God of abundance, who knows no lack. Prayer is the key that unlocks the treasure house of the all-providing God. True, there may be work for man to do—lessons he must learn, service he must render, faults he must correct —but prayer is the first and most important step, for through prayer he is enabled to take all other steps in proper order and in the most effective manner.

We recognize that God is power—almighty, omnipotent—the underlying energy of the universe. It is this power that is the life of man, but man, through sin and ignorance, has weakened the contact between himself and God. He is left troubled and sick and unable to stand against the temptations and illusions

of human experience. Power, more power of God! This is the need of every weak and trembling man who is being overwhelmed and crushed by circumstances. Prayer is the means by which man taps this power. Through prayer he causes it to flow with healing, strengthening grace into and through the mind and body. Prayer is the process of attunement and atonement—the power of God become effective in the life of man.

Through the varied experiences of life there are times of trouble, sickness, sorrow, and necessity when we are unable to stand by our own strength and must have help or be defeated. Yet assurance is given to us that in every hour and every need we may find and rejoice in the help of Him who never fails or forgets and who is able to accomplish all things.

This, then, is the purpose of prayer; and it is an established truth that the clearer we realize this purpose, the more readily we shall grasp the science of prayer, conform to its demands, and prove its worth.

A number of men and women have asked a question that, in the very nature of things, must be in the minds of many. Briefly stated, the question is this—"Why aren't my prayers answered?" The problems presented in prayer are many. They relate to matters of health, to domestic and business affairs, and to a number of other human problems. But there is always the same complaint: "I have prayed, and my prayers have not been answered. Why is it?"

In an effort, therefore, to answer helpfully the question why prayers are not answered, let us consider the general principles underlying all prayer.

These principles are revealed to us in the Bible. As we turn to the Bible, we find the subject of prayer referred to hundreds of times. As we study these scriptural references, it becomes evident that there are innumerable accounts of answered prayer, together with many assurances given through the prophets, the apostles, and Jesus Himself, that God does answer prayer. Notwithstanding, the fact remains that the ether is filled with prayers that have received no answer, as far as we can see. Millions are offering up prayers of some kind today and receiving no apparent answer. Surely this great problem, which comes close to the faith, hope, and happiness of so many, deserves our most careful consideration.

As we turn to the master prayers in the Scriptures—the prayers that were answered—we may learn the secret of their power, find the principles that we have missed in our own prayers, and certain errors of our unanswered prayers may be revealed to us. We may discover that in the greater part of our praying we have failed utterly to grasp the true purpose of prayer, have failed to perceive the real reason for prayer in the life of mankind.

As we examine the prayers of the Bible, there are certain ones that challenge our attention as types of true prayer. They reveal the fundamental purpose of all prayer and what should be the purpose of our own prayers. One of these great prayers is the prayer of Solomon. We are told in I Kings that when Solomon ascended the throne of Israel his country was a mighty nation. "And Jehovah appeared to Solomon in a dream by night; and said, Ask what I shall give thee." In his response, Solomon began by open-

ing his heart in praise and gratitude to God for what he and his father David had already received. He acknowledged the goodness and power and mercy of God. King of one of the great nations on earth at that time, he bowed in humility.

Every mighty prayer begins not by asking for something but by praising and acknowledging God's goodness, power, wisdom, and perfection. Not always are these the same words; but always there is the same spirit, the same complete acknowledgment of God, of His majesty, might, love, and justice.

We find King Solomon, whom thousands had acclaimed as wise and wonderful and noble, bowing humbly in the silence and saying: "I am but a little child; I know not how to go out or come in. . . . Give thy servant therefore an understanding heart to judge thy people, that I may discern between good and evil."

We are told that the answer pleased God, and God said to him, "Because thou hast asked this thing, and hast not asked for thyself long life, neither hast asked riches for thyself, nor hast asked the life of thine enemies, but hast asked for thyself understanding to discern justice; behold . . . I have given thee a wise and an understanding heart . . . And I have also given thee . . . both riches and honor, so that there shall not be any among the kings like unto thee."

Can we believe that this king had no problems or burdens of any kind—that he had no enemies, no pressing questions of state, no anxieties or difficulties? Of course not, yet he realized that man's need is for wisdom and understanding to discern

between that which is good and that which is evil, and he prayed for that thing. In short, he began correctly. First, he recognized the power of God. Second, he acknowledged his own lack of understanding. Third, he gave a prayer that he might do the right thing.

How far short of this high standard most of our prayers are! So often our prayers are not recognition and acknowledgment of God, but a recital of our own woes. And then, rather than admitting our lack of understanding as humbly as King Solomon, who said, "I am but a little child; I know not how to go out or come in," we proceed to inform God about things that we seem to think He does not know. We overlook the fact that our need is not to give information but to get some—to become informed on how to judge between good and evil. Jesus declared, "Your Father knoweth what things ye have need of." It is not for us to tell God what to do, but to learn what He would have us do. It was David, Solomon's father, who said:

"Let the words of my mouth and the meditation of my heart
Be acceptable in thy sight."

Our need is for wisdom and guidance, which extend to the things of the mind and heart. In fact, it is here that the need is greatest, as Solomon acknowledged when he asked for a wise and understanding heart. Jesus taught that from the heart of man may come also those things that defile and destroy, and the Psalmist, perceiving man's great need, prayed:

"Create in me a clean heart, O God;
And renew a right spirit within me."

Every outer condition of sickness, poverty, trouble of every kind takes its rise in the heart and mind of man, and it is in the heart and mind that the work of healing and adjustment must take place.

When the mind of man is attuned to the mind of God, we can say with the astronomer Johannes Kepler, "O God, I am thinking Thy thoughts after Thee," and in the spirit of true humility, obedience, and childlike simplicity turn from the material things we want. We desire, instead, that God move within our hearts and minds to give us understanding and that we may show forth His Truth. We will find such a prayer being answered, and the answer to it will of itself bring the answer to our other prayers, even the prayers we have not yet prayed.

May we join in prayer with the great King Solomon, who has been called one of the wisest men who ever lived:

"I am but a little child; I know not how to go out or come in. . . . Give thy servant therefore an understanding heart . . . that I may discern between good and evil."

Child of the sea, the mountain stream,
From its dark caverns, hurries on,
Ceaseless, by night and morning's beam,
By evening's star and noontide's sun,
Until at last it sinks to rest,
O'erwearied, in the waiting sea,
And moans upon its mother's breast—
So turns my soul to Thee!

—WHITTIER

How to Pray Effectively

CHARLES H. KYSON

OF ALL OUR ATTAINMENTS, which does more for us than the ability to pray effectively? All of us have desires, ambitions, and aspirations; and we make a personal effort to bring them into fruition, which is natural and even essential. But above and beyond all personal effort, we feel a power existing in the realm of Divine Mind or Spirit that, if we understand how to call it into action scientifically, will meet our every need. This power will save us from disaster, assure our success, and help us to achieve our desires and aspirations. Prayer is the method by which we call this power into action. However, the more effectively we pray, the greater and more comprehensive are the rewards we attain.

Those visions of secure, peaceful, and harmonious living for which we so deeply yearn—prayer can bring them into reality in our individual experience. Through prayer we gain health of mind and body, which enables us to earn and to enjoy the bounteous abundance our compassionate Father-God so eagerly waits for us to claim.

Since prayer can do much for us, we need to define and understand it. Prayer is communion between man and God; it is the process by which we unite with Him. Prayer brings into our consciousness a strongly maintained feeling, of which Jesus said, "I am in my Father, and ye in me, and I in you."

Such a deep feeling of close relationship to our Father-God gives us a firm conviction that our prayer has power.

Jesus forbade restricting doubt and stressed the need for positive and constructive faith in effective prayer when He declared, "All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them." The need for an unswerving faith He further emphasized, "Whosoever shall say unto this mountain, Be thou . . . cast into the sea; and shall not doubt in his heart, but shall believe . . . he shall have it."

What is faith? Faith is belief fused with trust. Faith is a strong feeling that something is true even though tangible proof of it is lacking. It is unconditional acceptance of the existence of a divine power and intelligence we know as our Father-God, who guides, maintains, and protects us and powers our demonstrations and achievements. To read the 11th chapter of Hebrews gives substance and power to our faith.

Through such faith we valiantly surmount opposition and adversity. Through it its possessors accomplish the seeming impossible and are carried successfully to the heights of achievement. When faith is illumined by inspiration, reinforced by reason, and crystallized into conviction through proved performance, it becomes victoriously invincible. Jesus clearly realized this when He affirmed, "If ye have faith . . . nothing shall be impossible unto you." Obviously, faith is the essential component of effective power.

People often complain, "Why are my most sin-

cere prayers unanswered?" In The Epistle of James they find this answer, "Ye ask, and receive not, because ye ask amiss, that ye may spend *it* in your pleasures."

What is the positive, the effective way to pray? What should be our state of consciousness when we pray effectively? First, we should become as relaxed as possible, both physically and mentally. To accomplish this, we should assume a comfortable physical position and become as unconscious of our bodies as we can. Then we should firmly cast out all negative restrictions and limitations imposed on us by an undisciplined use of our conscious minds. It requires effort, practice, and discipline to do this; but it is part of our essential preparation for purposeful prayer.

When we have banished mental and physical tensions, a brief preparatory period of meditation is helpful. During this period we might affirm, "Thou, Father, *art* in me, and I in thee." It is well for us to repeat this until we feel deeply our union with the Father. We will begin to move into a mental state that can be compared to the peaceful, relaxed condition preparatory to sleep; but there will be one important exception—we will remain spiritually alert. Our consciousness will be open to receive ideas, inspirations, and revelations from the Spirit of our Father-God.

Fixed formulas for prayer are undesirable, since we should express individually the deepest feelings of which we are capable when we pray. Each of us should select the words that arouse his strongest emotional and spiritual feelings. However, the fol-

lowing opening serves to express the faith and humility that are essential to effective prayer: *"Father, I thank You for my faith that I am one with You, that I am in You, and that You are in me. I now open my mind to an inflow of divine ideas. Reveal them to me, that I may follow in the Christlike way. Let not my will but Yours be done, Father—in my thinking and daily actions."*

So far, we have only an opening to our prayer; it needs direction and purpose. Obviously, prayer, like any other achievement, can be effective only when it has a well-defined purpose or plan. When we pray we should know what we are praying for. Our objective can be a definite one, or it can be an appeal for direction in a situation in which we do not know what to do. But a purpose we must have if our prayer is to be effective!

In determining an objective for our prayer, care must be taken to subordinate the human will to the will of God. Our human reasoning has its limitations. It lacks the over-all knowing of our Father-God. He alone knows all the factors affecting our prayerful plan or objective. However, through effective prayer these factors can be revealed to us.

We can only have a deep feeling of faith in something we strongly believe in; so it is with our objective in prayer. As we pray, we need to outline the objective or plan that we propose to accomplish. We should mentally view it in detail, so that we may clearly understand what we want. Further, we should visualize it as accomplished and in practical operation. We should strongly impress our objective upon the subconscious mind. Next, comes the essential

subordination of our objective to divine will: *"Father, this is my plan. It is the best I can conceive of now; but let not my will but Yours be done. If You have a better way, reveal it to me, and I will joyously follow it. Father, I now release my objective to You for Your further revelation and improvement. It is now done, Father, and I thank You."*

In this way we redeem our prayer from being humanly willful. We open our consciousness to an inflow of divine ideas from the supreme creative intelligence, our Father-God. And divine ideas reach us in many ways. Some may seem to bear no relation to our prayer. Ideas may come to us through a chance telephone call, through the casual remark of a friend, something in a newspaper or over the radio. Or they may flash into our minds, seemingly as inspiration. God's resources and ways are many in His efforts to help us as we pray effectively. Of all the prayers, the one that unites simplicity and beauty and yet is so comprehensive we find in the Lord's Prayer in the 6th chapter of Matthew.

In an age of science it is quite natural for us to seek a scientific explanation about the operation of prayer. This we can do, of course, only to a limited degree. For the purpose of this analysis we need to consider three subdivisions of the mind—the conscious, the subconscious, and the superconscious.

With the conscious mind we think and reason, create and consciously act. The subconscious mind, which is our mental filing system, records what we see and hear, read and learn, or in other ways experience. The subconscious mind, which acts as the maintenance engineer of our bodies, controls the

body's automatic functions. The subconscious mind operates under the joint control of the conscious and the superconscious minds.

The superconscious mind is referred to under various terms, such as Creative Mind, Supreme Intelligence, Lord, Jehovah, and God. For convenience, and to establish a strong feeling of our close relationship to this supreme creative principle, we personalize it and refer to it as Father-God.

Now that we have defined the far-reaching factors of mind operating in prayer, how do we pray effectively? The way is not an intellectual one. Even the most precise phrasing, the most lovely word combinations are not enough. To make our prayers effective, we must arouse an unshakable conviction or faith in the power and willingness of our Father-God to co-operate with us.

Our faith grows in power through visualization. When we have an idea, cause it to work, and see it operating successfully, then we believe, we feel confident—we know. We have built an unshakable conviction of faith. By a parallel mental and spiritual process in prayer, we can give vitality and realism to the objective of our prayer. We do this as we focus our imagination upon our objective, seeing it as an accomplished fact. Through such visualization in prayer, we strongly impress and order the subconscious mind, through the divine power and resources it commands, to manifest this objective in our experience.

The fruition of effective prayer comes through the co-operative action of the conscious and subconscious minds, acting only when in harmony with

the superconscious mind of our Father-God and in accordance with divine law.

Here it is essential to digress briefly. Let us never make the mistake of ignoring the influence of the subconscious mind in our life and affairs but maintain a rigorous and disciplined censorship over it, because it hastens to bring out into our lives the thoughts and impressions we feed into it. Many diseases and disasters are related to destructive impressions we have entertained. As we learn to control the subconscious mind, it works for us more effectively. Our constructive surveillance of it assures an increase of harmony, health, and prosperity. In II Samuel we read a verse that aptly applies to the action of the subconscious mind, "Choose thee one of them, that I may do it unto thee."

Giving thanks is essential to effective prayer. When we daily and thankfully enumerate our blessings, even the seemingly smaller ones—the ordinary things that would mean privation to do without—we build our faith upon the firm foundation of performance and gratitude. We have seen the power of prayer operating in our lives and in the lives of others. Thus, we increasingly recognize the continuity of God's good always operating in our experience. Our faith emerges into the desired state of unshakable conviction—a conviction that gives irresistible power to our prayers.

Today a confused and uncertain world struggles upward out of its fears and superstitions, out of its distrust and limitations. Now humanity fast approaches a fork in the road. One way leads downward into unregenerate materialism, human servi-

tude, and destruction. The other way is the way that nations and peoples of the world can ascend into a more perfect way of living, where freedom and the rights of the individual are respected, where laws divine in nature govern in a rational world. The toilsome but essential way to this increasingly perfect state is pointed out lovingly by the Master in His wise directions of beauty and power:

"These things I command you, that ye may love one another." "Bless them that curse you, pray for them that despitefully use you." "The hour is come; glorify thy Son, that the Son may glorify thee."

As we conform to Jesus' admonitions, we experience the exalting rewards of knowing how to pray effectively.

From an Immortal Flame

Hazel M. Kerr

Because its small inconstant flame
The candle of my faith must be
Relighted every day,
So quickly dies away.
There was a time when I believed
Its starry light would burn
Undimmed and unattended; but
In penitence I learn
My candle must repeatedly
Be lifted high to claim
The daily spark of its renewing
From an immortal flame.

Release from Pressure

KATHLEEN W. WELCH

He leadeth me beside still waters.

HAVE YOU EVER STOOD beside a beautiful lake, the still and calm waters of which were shaded by willow trees? All nature seemed to drowse, and church bells from a nearby town sounded muted and dreamlike. The serenity of the lake in its natural surroundings seemed to flow softly into your mind and heart, and your whole being was rested and refreshed.

Modern times are filled with pressure of one kind or another. Many persons live their days on the run. Hurry and bustle during working hours and even during periods of recreation seem to be the usual things. This "pressured" living becomes such a habit that even when they are advised to slow down some persons find it impossible to relax completely, to release the tensions that have built up through the years. The great need in this age of fear, anxiety, and apprehension is for an inner life of serenity—for inner convictions that peace, harmony, and "good will toward men" are God's purpose for this world and that a serene state of mind may be acquired by anyone who sincerely desires it.

One of the most comforting promises ever made to man is one made by Jesus—"These things have I spoken unto you, that in me ye may have peace. In the world ye have tribulation: but be of good cheer;

I have overcome the world." The word tribulation is from the Greek verb *thlibo,* meaning "to press or squeeze," as a crowd pressing in on an individual. From *thlibo* comes the Greek noun *thlipsis,* the literal meaning of which is "pressure" and the figurative meaning of which is affliction or tribulation. Webster also defines the word as coming from the Latin *tribulare,* meaning "to press." So one could well read this passage, "In the world ye have pressure: but be of good cheer; I have overcome the world."

Let us see how Jesus overcame the pressure of the world around Him. What did He say about the importance of successful, peaceful living? With Jesus, the presence, love, and guidance of His heavenly Father came first. All other things—His great healing works, His teachings, His everyday living—were dependent on this guidance. Jesus taught, "Seek ye first his kingdom, and his righteousness; and all these things shall be added unto you." In other words, if we begin the day with a period of prayerful communion with the Spirit of all good and divine order, a deep feeling of well-being shall be added unto us.

We can fortify ourselves and protect our day in advance by seeking divine guidance and consciously allowing our hearts and minds to be filled with "the peace of God, which passeth all understanding." If, however, we fail to fortify ourselves thus, we may begin our day with a burdened feeling of hurry and pressure, and it will be difficult to overcome this feeling later in the day.

The Psalmist sang,

"My soul, wait thou in silence for God only;
For my expectation is from him.

He only is my rock and my salvation:
He is my high tower; I shall not be moved."
And Paul, on his way to Jerusalem, where he knew persecution awaited him, could say triumphantly, "But none of these things move me." Jesus also advised His followers to "come ye yourselves apart . . . and rest a while." Jesus never taught men to live apart from humanity and its needs, so He must have meant: "Come ye apart from the hurry and bustle, the cluttered thinking, the pressure of conflicting opinions, the fear of catastrophe, the weight of personal responsibility. Let go and let God do it!"

"Take my yoke upon you," Jesus also said, "and learn of me . . . and ye shall find rest unto your souls. For my yoke is easy, and my burden is light."

When we begin the day with the presence of God uppermost in our minds, we shall find that His presence permeates all our activities. Jesus also pointed out that "the kingdom of heaven [that is, the kingdom of harmony, peace, and quiet confidence] is like unto a treasure hidden in the field; which a man found, and hid; and in his joy he goeth and selleth all that he hath, and buyeth that field." I used to think that this parable dealt with a man treasure hunting, or perhaps searching for happiness. But he was doing neither. Apparently he was a farmer, for he found the treasure as he was digging in a field, carrying on in the ordinary events of daily living. Also notice that the treasure was not found in a palace, a gold or diamond mine; nor was it recovered from some ancient tomb. The treasure was found by an humble man working in a "field." We also may be guided to find this treasure, or the king-

dom of heaven—this marvelous release from pressure and fear—by working closely with God and realizing that we are helping Him to work out His good purposes on earth. This invests our work with dignity and worthwhileness. It lifts our work above the humdrum, the commonplace, the pressured. It releases resistance to, or dislike of, certain tasks. It gives inspiration and creative joy to drooping spirits.

Resistance builds up pressure and tension. These, in turn, hold back our good from us and may even cause physical trouble. On the other hand, a feeling of partnership and co-operation with the Creator of the universe puts us in alignment with the great universal rhythm, harmony, and power. When we consciously let go of all resistance, all sense of being pressed and hurried, we feel a release, a sense of freedom and peace, followed by a surge of renewed vitality and energy—more than enough to meet the needs of the day.

"When he giveth quietness, who then can condemn?" "For God is not *a God* of confusion, but of peace." Marcus Aurelius once wrote: "But this is altogether a mark of the most common sort of men, for it is in thy power thou shalt choose to retire into thyself. For nowhere, either with more quiet or more freedom from trouble, does a man retire than into his own soul, particularly when he has within him such thoughts that by looking into them he is immediately in perfect tranquillity." Let us remember that pressure from all the water in the ocean cannot sink a ship so long as it is watertight. While watertight and fully protected, the ship sails safely on the ocean. Similarly, all the pressure of living

cannot sink a person unless trouble invades his inner life.

When we learn to yield our will, our motives, and our desires to the heavenly Father and let His love and wisdom and peace flow through our minds and hearts, we can be sure that we will not be overcome by the pressure around us. We can pray daily for guidance and frequently claim: *"I am one with and flow gladly with the rhythm of Spirit and of the universe. I release all tension and let the Spirit of love and faith flow through my mind and heart and into all my affairs. I know that the Spirit of good is a ceaseless, active presence and is man's infinite protection and peace."*

Another reason it is important for us to release our tensions is the effect tenseness has on those around us. People need all the love, understanding, and cheer we can give them. Jesus said, "Ye are the light of the world. . . . let your light shine before men." Tension, hurried living, fear, and lack of quiet assurance not only obscure the light and keep our good from us, but also have a negative effect on those around us—especially children, who are extremely sensitive to inharmony.

For happier, healthier living, release the worries, place everyone *"lovingly in the hands of the Father,"* and let the light shine through a relaxed mind. This more peaceful, more trusting attitude will be reflected in your environment, in your personality, even in your face, and those around you will benefit greatly by your improved outlook.

"Seek ye first his kingdom, and his righteousness" —first and also last. It is during this quiet, prayer-

ful communion that we find the courage and the strength to meet life on lifted wings rather than on leaden feet or with tense nerves. It is this intake of spiritual power and confidence that enables men to "renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; they shall walk, and not faint." This intake, or inflowing of spiritual peace, may be experienced in various ways. Some persons may experience it by getting up early in the morning to watch the sun rise in golden light over the hills; others may experience it by taking time off from a busy day to listen to good music. Still others may step outdoors at night to let the glory and peace of a starry sky sink into their hearts, or they may prefer to watch waves rolling gently upon a beach and find their peace by watching a great expanse of the ocean.

In all these ways Spirit is speaking to the heart of man:

"Be not fearful, only believe. I, who created and govern this universe, also created you and will care for you if you will only relax and let Me, if you will only stop the worried, tense living and allow Me to flow into your heart and mind and into your environment and affairs. I am the light within you. Let go! Let Me shine through you. I am perfect adjustment, happiness, contentment, true success, prosperity, perfect peace, and the perfect love that casts out all fear. Relax and let Me do it!"

"Dear Lord and Father of mankind,
Forgive our feverish ways:
Reclothe us in our rightful mind;
In purer lives Thy service find,

In deeper reverence praise.

* * *

"Drop Thy still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and stress,
And let our ordered lives confess
The beauty of Thy peace."

—*John Greenleaf Whittier*

God's Gift of Rest

Agnes Barden Dustin

The moonlit dew is a silver spread
For the sleeping grasses' fragrant bed:
The daisy petals are curtained in green,
No buttercup gold can now be seen.

The drowsy crickets faintly cheep,
But never seem to fall asleep;
A nesting sparrow is waked from dreams
By a firefly flashing his lantern's beams.

A bumblebee naps in a sweetbrier rose,
Powdered with pollen from head to toes;
Beside the wall a tall oak stands,
Blessing the meadow with outstretched hands.

Twilight has lowered the sunset bars,
And through the sky meadows browse the stars;
All nature rests from sky to sod,
And in my heart the peace of God.

The Little Things of Life

MYRTLE SHAY

ARE YOU ONE of those persons who feel that they are doing very little for others? Perhaps you have a family to care for. Your hours are filled with the responsibility of working at a job or keeping up your home, and you have little time for outsiders. You wish you could manage to be away from your home or job more in order to give of your time and energy in helping to build God's kingdom here on earth. There seems to be so little you can do outside the boundaries of your home, office, or shop, and you chide yourself for your inadequacy.

Most of us probably do feel this way, for we long to do greater things for our loving Father, who does so much for us. We say:

"Oh, if I could only impart to others the faith I feel and send my testimony of His goodness ringing round the world, how happy I would be! But what can I do? I can't leave my family to travel, carrying the message of God's love. I can't write or send words of Truth out over the radio. I can only do my little bit right here at home—care for my family, do my work, visit my neighbors when they are ill, give a word of advice or encouragement or comfort. But I do so want to give more!"

Of course, you do. We all do. But do you ever stop to think just how important the little things are that you do every day in God's name? How very great are opportunities to serve Him right where

you are? Visiting a sick neighbor may not seem to you to be rendering a great service, but what if no one in your neighborhood called on the sick? Would this not be a real tragedy? And whom would you rather have with you if you were in deep trouble—a famous lecturer, writer, or minister or just the pleasant neighbor who lives down the street from you and always comes when you are in need? You would most likely choose the kindly neighbor, would you not?

And would you not say that this neighbor is doing something really fine? Something just as fine as the writer, the lecturer, the minister, or anyone else? The loving, helpful person who does his bit whereever he may be is more beloved than any celebrity, regardless of how great his fame. This is true, because the person whose service consists of doing the little, close-at-hand things is the one you really know. All of us may enjoy reading the works of inspired writers or listening to some well-known teacher, and we may be greatly helped by what we read or hear. But we do not ordinarily get to know these persons. And it is the personal friendship that changes a cold relationship into a warm, pulsating act of loving-kindness. Have you thought about it in this way?

I am not trying to discourage anyone from seeking the greater things of life, for we should seek them diligently. I am merely attempting to point out the importance of the more humble tasks, so that while we seek to widen our horizon we shall not disregard golden opportunities for service at hand. As the poet says:

"We can't all be captains; there has to be crew.
There's work for the whole of us here:
There's big work to do and there's lesser to do
And the task we must do is the near."

Our doing the little tasks cheerfully will not impede our progress. Rather, it will speed our success, for grateful hands will help us up the ladder, and loving hearts will send messengers of good will ahead to smooth our way.

Did it ever occur to you that you have been placed just where you are for a particular purpose? To serve those around you—your family, your neighbors, your friends—who, except for you, might find themselves neglected or lonely or perhaps afraid. Jesus said, "Whosoever shall give . . . a cup of cold water only, in the name of a disciple . . . he shall in no wise lose his reward."

"A cup of cold water" is indeed a small thing to give; but given in His name, it becomes a precious gift of greater value than we can ever know. It is not the water that comprises our gift. It is the spirit of love that quenches the thirst of the heart.

No, we need not travel far to bear Jesus' message. We need not write or speak into a microphone. We need only to move among our neighbors, our friends, and strangers who cross our paths, giving a smile and a word of encouragement or a helping hand—whatever seems needful at the moment. Then we can rest assured that we are doing the Lord's work in the way He wants it to be done.

These are the little things of life. But how much they mean to all of us! In doing them we are being faithful in that which is least. And according to the

promise, we may hear the Father's voice speaking to us in our hearts, "Well done, good and faithful servant: thou hast been faithful over a few things, I will set thee over many things; enter thou into the joy of thy lord." We shall feel an inner assurance and know that we are truly servants of the Lord.

A young woman once wrote me of her longing to help others to know Truth as she knew it. She wanted to write, but explained regretfully that she had never had time to take a course in writing. She went on to say: "I've studied Braille and am transcribing a law book for a blind student in college. So, even if I'm not doing anything in a creative way, I'm happy to do something for another who is really groping in the dark for his education."

This young woman seemed to think she was contributing only a little to the betterment of the world. But I will venture that the blind student considered it a magnificent contribution! To give up one's own ambition in order to help someone else attain his seems to be as unselfish a thing as anyone can do. Can anything be more creative than opening up a bright future for someone who might otherwise despair?

Many persons are doing great and noble things without realizing it. And all the while they may be crying out to God for other work to do—work that seems more important to them because they view it from afar.

Oh, if we could only know the inspiration, the joy, the satisfaction we bring to other lives through what we often consider insignificant favors, how much more highly we would value our opportunities!

not a day passes without bringing to each of us some opportunity to speak a word of praise or encouragement, to lend a helping hand, to give in some measure the love that God has poured out upon us so generously. It may be just a little "mustard seed" sort of thing—a smile, a friendly nod—but for someone it may change a dreary day into one of sunny brightness without our knowing it.

One Christmas my husband and I were away from home and among strangers. We were in a little town in the mountains, far from a railroad or main highway. Christmas morning we found a greeting card tucked under our door by a thoughtful neighbor who wanted to wish us a merry Christmas and welcome us to the community. When we expressed our thanks our neighbor told us that she had seen us arrive the day before and that she and her husband thought we might be lonely among strangers, so they brought the card.

It was a little thing, but how it warmed our hearts! Whenever we think of this little town we always remember the thoughtful couple who did not want us to be lonely. In this case, the "cup of cold water" took the form of a greeting card, which in itself was of little value. But the loving thoughtfulness it represented was a priceless gift that blessed both us and the giver.

Other neighbors in this little town came to wish us a merry Christmas, and one of them asked us to share a television program with him. No, we were not lonely over the Christmas holidays, because kind neighbors took time from their own celebrating to make us feel at home. Little things? Not to us!

There are so many ways in which all of us can serve with little or no effort on our part. We never know the comfort our words of sympathy and understanding bring to another. We never know how much strength and courage someone may receive from our expression of confidence in his ability to succeed.

How well I remember my struggle to get a start in writing! I was receiving nothing but rejection slips in return for my efforts. It seemed that they came in every mail. I was just about to give up when one of my manuscripts came back with a letter from the editor. He told me that the story did not quite meet his requirements but he felt I would make the grade if I kept on trying.

This editor will never know what he did for me. From the depths of gloom I soared into the clouds. Soon I was back at my typewriter to try harder than ever. Eventually my efforts were rewarded by an occasional check that broke the monotonous flow of rejection slips. To the editor, his letter was just a little thing—a matter of routine that he followed when a manuscript showed some promise. But to me his words of encouragement meant new hope and the will to keep on trying.

Life is made up of little things—many of them routine. Let us put our best into these everyday experiences, doing our small tasks lovingly, using every opportunity to give generously from our own store of good will and friendly helpfulness. We must remember that size is no measure of value. Seemingly great deeds often lack the spark of love that would make them truly great.

No matter where we are or what our surroundings may be, there is work for us to do in God's kingdom. The little everyday things that we do lovingly for others are far more valuable in the sight of God than any so-called great deed performed with a personal motive. It is not the size of our offering that makes it acceptable to God, but how much of ourselves we put into it. The widow's mite was more in the eyes of Jesus than the large sums the rich men poured into the treasury, for she gave all she had, while the others gave only part.

Let us do each day the little things that come our way to do. Let us do them in the spirit of true giving, remembering that Jesus, too, served humbly among the poor. Following in His steps, each hour of every day will bring us precious blessings and opportunities for service we may have overlooked before.

Truth teaches that God is both Principle and a loving Father. As Principle He supports the universe through immutable laws. As a loving Father, He cares for each of us individually, answers our prayers, heals our bodies, comforts our hearts, uplifts our minds. This is the loving, infolding Presence that is "closer . . . than breathing, and nearer than hands and feet." This is the God we love. This is our personal God.

We look into the heavens to view the stars. They show us God at work as Principle. We do not love Principle; we are awed by the miracle of its power. We realize the necessity for it, but we do not love it. We learn from Principle, but we yearn for the loving Presence. Nevertheless, both are the same God,

differing only in the form of their expression.

The doers of great deeds may be likened to Principle, for they are expressing God. They expound the laws so that our minds can grasp the great truths they see so clearly. We are grateful to them; we need them. We admire them, but we do not often love them. The ones who do the little thing for us, the ones who really care about us as individuals—these are the ones we love. They are expressions of the infinite, loving Presence of our Father-Mother God.

It is well to seek the greater things. Each of us has some special talent that, if developed, can bring us the joy and satisfaction we desire. But in our upward climb let us not overlook the little things of life that make our pathway bright and leave a shining trail of happiness behind.

Herald of Love

Darrell L. Ridgeway

Oh, that my voice may so possess
The accent of love's tenderness
That every word I speak may bless.

Oh, let me bring the light of cheer,
A word of hope to those who fear,
And love to all men far and near.

I pray it may be said of me,
"Surely thy speech revealeth thee
A friend of Christ of Galilee!"

"Fruit with Patience"

MARY L. KUPFERLE

THE YOUNG TRUTH STUDENT looked worried and fearful as she explained to the counselor the difficulty she was encountering. "If only Dad could see that by taking hold of an affirmation he could change his thoughts and attitude, I know that the physical condition would be immediately cleared up!"

The counselor looked at her lovingly and said: "I suppose a teacher hears those two words 'if only' more than any others. We are always placing a condition upon the manifestation of the good we desire, and it usually concerns the changing of another person. Don't be impatient about this, my friend. Have faith in him, in the Spirit dwelling within him."

The student broke in quickly: "But I have had patience! For the past year I've been praying about this, hoping he would do something that would be helpful. His eyesight is becoming worse; and if something isn't done soon, one way or another, it may be permanently and completely impaired!"

"My dear, we are told, 'He that believeth shall not be in haste.' Your prayers have not been in vain. Your father will find his perfect guidance, but it will not be hastened through any forcing on your part! If he doesn't accept certain ideas you want to give him, don't force them on him. Follow your own true inner direction about this. If you find opportunity, a time when he is receptive, you might give him a

strong healing thought. But if this opportunity is not presented, hold your peace and let your patience have its perfect work. Then you will see the reward of this patience in his life and in yours as well."

Throughout the months that followed the sincere young Truth student held fast to this advice, turning, again and again to the thought and practice of patience—patience with herself, patience with her loved one, and patience concerning the outcome she desired to see manifested. Occasionally she found opportunity to offer her father a statement of healing and to encourage him in the application of faith, but most of the time she found that the simplest and most harmonious way of giving was within her own silent prayers.

She applied herself, with the continued guidance of the counselor, toward developing a patient attitude founded upon faith—faith in her own prayers, faith in her dear one's true spiritual inheritance of wisdom, faith in his spiritual heritage of the Christ indwelling, and faith in the Father for perfect outworking of the situation. She realized more and more that the experience was a time for the proving of her faith through patience.

When her thoughts were drawn to the appearance of the condition, which at times apparently became more alarming, she deliberately turned away and spoke silently within her heart. Sometimes her words were, "My faith works patience," or "In quietness and confidence is my trust." At other times she used the affirmation, "The fruit of my patience is perfectness," or "He that believeth shall not be in haste." It took watchful self-discipline to refrain

from speaking aloud the Truth principles that seemed to fill her heart to overflowing. It took constant self-discipline to turn her attention from the outer appearance and to hold to her faith in God's perfect work and accomplishment.

During the following year she found it necessary to travel to another State for her employer, but she remained faithful in her stand of patience, knowing deep within her heart that the Father's infinite wisdom and love would still watch over her dear one, that her own responsibility was merely her indwelling faith—faith in her own quiet prayer, faith in her loved one's true spiritual self, faith in the Father's wise outworking of the situation.

Six months passed before she returned home for a few days' vacation. As she sat with the family, which had gathered for an afternoon picnic, one of the children came to her for assistance in taking a cinder from his eye. She turned her attention to help him remove it and noticed her father standing close beside her, watching. As she was deftly and gently removing the tiny object, she heard her father speaking directly to her. He spoke in a low tone, but clearly and distinctly. "Well, there's nothing wrong with my eye!" Startled, she turned about for a moment and looked at him. She looked fully into his eyes from a level with her own and beheld immediately their clarity and physical perfection!

It had been almost four years since this Truth student began to turn her faith in the direction of prayer for healing of her loved one. In this period she had learned patience, self-discipline, steadfastness, and how to strengthen her faith. Now she be-

held the fruit of her labor, the reward of her patience. She realized that her attitude of quietness and confidence, her restraint from forcing her ideas upon a loved one had helped him to believe and to find his own way of guidance toward healing and blessing.

Almost everyone, at some time, finds himself required to call upon patience in the outworking of a situation, condition, or appearance of difficulty in his life. There are times when we become impatient with ourselves or others, impatient with life's continuing trials and lessons, impatient because past efforts seem to produce little fruit, and impatient with the apparently small rewards of our long months or years of effort. For this reason Paul admonished his followers, "Let us not be weary in well-doing: for in due season we shall reap, if we faint not." For this reason he tells us to "let patience have *its* perfect work."

For this same reason, many of the Master's parables stress the importance of patience and steadfastness. When He spoke of the kingdom of heaven, likening it to a mustard seed, we find the words, "when it is grown," preceding the promise, "It is greater than the herbs, and becometh a tree." Speaking of this same kingdom in likening it to a fisherman's net, we find that the words, "when it was filled," precede the gathering of the good from the net.

In the parable of the talents we are reminded that it was the "faithful" (steadfast) servants who entered into the joy of the Lord. In the parable of the seed cast upon the earth we are reminded that the earth bears fruit with "first the blade, then the ear, then the full grain in the ear." In the parable of

the sower we are reminded that "the word" within the honest and good heart must be held "fast" in order to "bring forth fruit with patience."

If you find yourself discouraged today, dear friend, and tempted to give up because you feel you have been patient to the limit of your endurance, reconsider the words of the Master. Remember that "he that believeth shall not be in haste," regardless of whether the time has been four weeks, four months, or four years. It is very possible that this week, as you determine to hold fast to your faith and patience, your reward will begin to be manifested. It is possible that this is the month the fruit of your labors will be harvested!

Jesus knew that many would rejoice to hear the promises of the Father that He came to earth to impart. But He knew, too, that His followers had to be deeply impressed with the importance of patience and steadfastness in the fulfilling of the desires of their hearts. He knew that their enthusiasm would reach its peak as He spoke of the kingdom and of man's divine heritage; but He knew also that human discouragement and impatience would dim their vision and slacken their pace.

In order to prove to us the value of every assignment, the gain of each lesson in our ongoing, Jesus unhesitatingly moved through every outer difficulty without resistance or impatience, teaching patience as He proved its value, speaking steadfastness as He also proved its value, until finally He had completed His mission on earth. He never sidestepped the obstacles in impatience. He never rode hastily or roughshod over His assignments. He

gained from them only greater spiritual maturity, bringing to light even more and more clearly the beauty of man's divine sonship.

All the fullness of perfect and eternal life, love, joy, and wisdom awaits every child of God. But this fruit becomes evident and tangible only when we are willing to prove ourselves patient, ready to count it for joy rather than disappointment and discouragement. It is within this challenge that the seed of the fruit lies dormant; and it is within our faith and patience that it is brought into maturity as a tangible blessing.

Take heart, dear friend, and know that your patience and steadfastness of the past, your renewed faith and patience of this day are now bringing you into a new awareness of a life of abundance, a fullness of joy, a message of overcoming and victory given by the Master. Continue in this patience and steadfast faith. You shall find that the harvest is great, that the fruit of the Spirit will overflow into your life in a measure infinitely more abundant than you have ever dreamed! "Let patience have *its* perfect work, that ye may be perfect and entire, lacking in nothing."

Nor knowest thou what argument
Thy life to thy neighbor's creed has lent.
All are needed by each one;
Nothing is fair or good alone.

—EMERSON

Prayer

Beyond the golden minaret
The sunbeams blaze;
The muezzin sounds the ancient call
To prayer and praise.

Beside a church with slender spire
My fathers dwell
And kneel in worship there at sound
Of Sabbath bell.

Moslem and Christian lift to God
And Allah prayer,
Brothers in need who find alike
His presence there!

—*Leslie Savage*

I Meet My God in Silent Prayer

from the writings of

CHARLES FILLMORE

Illumination: I listen to the word of God within me saying, "Let there be light," and I awaken to a new understanding of Truth.

Prosperity: In the stillness of my heart, I touch the one living substance, and I realize that every need is bountifully supplied.

Healing: I respond to the words of Jesus Christ, "thy faith hath made thee whole," and I realize my perfection.

INSTRUCTIONS—"Pray without ceasing." The most highly accelerated activity of the mind is accomplished in prayer in the silence when we blend and merge our minds with the one mind, God-Mind.

Head affirmations are those just memorized by the intellect. Spiritual affirmations that illumine, prosper, and heal are those words of Truth that we take and hold at the very center of being until the words become living words. In other words we get the realization.

Join in prayer with us daily in the realization of the illumination, prosperity, and healing thoughts for the month.

The desire for a clear understanding of Truth is the onward impetus of the ever evolving soul as it builds from the within out; it carries with it fulfillment as a necessary corollary.

Christ in us is the only hope of true glory in the present, as well as in the future, because the Christ Spirit embodied within us, communing with us as promised, is the only infallible guide of thought, word, and deed, into all Truth: It is the center by which wisdom-ideas are inspired from divine understanding; it should be the "head" of the individual and until this relationship is established the individual is incomplete, and errant in thought, word, and deed.

The study of God includes the study of man. The relation of man to his source is revealed to I AM identity independent of the Scriptures, independently of tradition, independently of any external authority whatever. It comes from the light within. The first lesson in spiritual development is to know that everyone has within himself the light, the light of divine understanding, "*the light* which lighteth every man, coming into the world." Those who do not recognize that they have this inner light are in some of the reflected, secondary states of consciousness. The first awakening is the "light;" the other steps come in order. Then let us seek the true light—spiritual understanding. Affirm:

I listen to the word of God within me saying, "Let there be light," and I awaken to a new understanding of Truth.

Substance is the mother side of God; it is a supermind "stuff" everywhere present. A mere mind touch inspires it to action. This universal substance belongs to us, and we should be satisfied with nothing less than the possession of the whole earth or infinite substance and the "fullness thereof."

Divine substance is in everything and through everything. It floods our minds like sunshine on the earth. Love is the magnet that attracts divine substance and increases it in our minds and affairs. Praise the Spirit of plenty within you; use rich, splendid, positive, glorious words to increase substance.

That man in his spiritual nature is leagued with God-Mind is taught freely in the Scriptures and can be proved to the satisfaction of anyone who will submit to the required mental discipline. Anyone who develops spiritually in any way breaks into realms of thought energy and thought substance superior to the intellectual and can incite to action subtle causes that mystify the average onlooker. For this reason every Christian should know more about Divine Mind.

Realize often in the name of Jesus Christ that the substance invisible responds to your thought and that you are rich in mind and manifestation. Stand firm in your faith and declare with confidence:

In the stillness of my heart, I touch the one living substance, and I realize that every need is bountifully supplied.

The law of spiritual healing involves full receptivity on the part of the patient. God does not do things in us against our will as the will acts in both the conscious and subconscious realms of mind. Spirit enters where reception is given it, and the consequence is that the mind is quickened, and healing of body must follow.

Jesus demonstrated that He understood the healing power stored up in the body, which He said is released through faith. "Thy faith hath made thee whole." He identified Himself and His name with the sacred name of the Hebrew dispensation, Jehovah, and added another link to that long chain of names and events that brought forth the perfect man ideated by God-Mind, Jesus Christ.

As Jesus healed in Galilee so He is healing in the spiritual realm of radiant health today. "To him that overcometh, to him will I give to eat of the tree of life, which is in the Paradise of God."

As we follow in the footsteps of Jesus we find we have the ability to pick up the healing currents of life and through them to perpetually vitalize our bodies. Mind impulses start currents of energy that form and also stimulate molecules and cells already formed, producing life, strength, and animation where inertia and impotence were dominant. This was and is the healing method of Jesus Christ. Affirm:

I respond to the words of Jesus Christ, "thy faith hath made thee whole," and I realize my perfection.

Experience with Prayer

MARY ELIZABETH GARDNER

FROM EARLY CHILDHOOD I have prayed, because I was taught to pray. As I look back over my life; I realize that some of my earliest and most childish prayers are the ones that have been most completely answered. However, there have been other answered prayers in my life that are so dramatic that I want to share them with others in the hope they may benefit from my experience.

I have not always been willing to pray, "Thy will be done," and mean it. Oh, I repeated the words of the Lord's Prayer by rote, but I truly did not mean it when I spoke, "Thy will be done." On the contrary, what I most often meant was, "Please answer my prayer on my own level of asking." But the time came when I was to pray, "Thy will be done," and mean it in every part of my being. It came about like this:

When one of my daughters was eighteen months old, she had a severe illness that caused her to go into a coma for nine days. Each day I asked the doctor how she was, and his answer was something like this: "I'm doing all I can, but there is no change. It is strictly up to God whether she pulls through." In desperation and with intense pleading I prayed dozens of times a day, "Spare my child's life; please God, let her live!"

One morning at 3 o'clock my heart was chilled and my reflexes were frozen by a call from the hos-

pital—"Come at once; your baby is sinking rapidly." My husband and I started for the hospital. On that six-mile ride across town I could not pray that my child's life should be spared. Instead, I found myself saying mentally over and over, "Thy will be done, dear God—Thy will be done." Suddenly there came such a lightness of heart that I could only think, "Isn't this strange that I can so easily relinquish a child." For this is what I had done—I had completely given my child over to God's will. I went into the hospital, expecting word that our baby was gone. I had truly placed her in God's hands, and I knew that He would sustain me with that sense of the "peace of God, which passeth all understanding." However, the doctor met us with a glowing smile and said: "The sinking spell was in the nature of a crisis. Your baby is conscious; she will live."

With a sudden understanding it came to me that God's will does not have to be something we do not desire—often His will is exactly what we want! I can truthfully say that I have never been afraid or unwilling since this time to pray, "Thy will be done," and truly mean it.

My faith in God and prayer grew by leaps and bounds after this experience, but within a few years another bleak time came upon our family. Five members of the family were ill and hospitalized at the same time. I was the only one able to do the thinking and planning for each difficult day. Our credit resources became strained, for special nurses and extra help were costly; and we had to have plenty of them. The day came when I could not borrow another penny with which to pay nurses—and fifty

dollars was needed before nightfall if we were to have a nurse for the night. Suddenly, tired and exhausted, I sat down in my living room and said aloud to God (and I was no more polite than the words infer): "All right, God, You know my position and my needs. You know I haven't created these hard conditions, and You know they have to be met. So, if You really do heed my prayers, take over and do something quick!"

Never had I known anything like the immediacy with which God answered this seemingly impolite prayer! Within twenty minutes the postman arrived, and in the mail was a check for sixty dollars from a man who borrowed it seventeen years before from my husband and about which we had forgotten! The first thing that came to my mind was Isaiah 65:24, "Before they call, I will answer; and while they are yet speaking, I will hear."

This answer made me know that God is such a good friend that nothing could happen to me or my family that would shake my faith in His infallible help and goodness.

Through the years we have had the usual vicissitudes that visit families, but God has seen us through every one of them. Some of them have taken a good deal of time to complete, but through this very slowness God demonstrates that His scale of reckoning time is different from man's and that we should learn the art of patience in waiting for the Lord to do His work.

Fifteen years ago our daughter Betsy had to have bone surgery to correct a leg curvature. The operation was unsuccessful, and a gangrenous condition

threatened the loss of her leg. However, this loss did not occur. But the results of the operation were a still-uncorrected curvature and scar tissue that disfigured the leg.

Then, five years ago Betsy had polio, from which she recovered except for paralysis in the already affected leg. These conditions combined to bring about such pain that she moved about only with agony. Surgery was again recommended. It was with great trepidation that she went into surgery, but this was offset by the confidence we had that God would see her through it. The first four days were spent in anxious waiting. On the fifth day I woke up early with a feeling that Betsy needed me. Knowing that I would be unwelcome in the hospital at this early hour, I got up and started to read my Bible. I then sat and meditated and prayed over the promises of Jesus, and within a short time I had a feeling of upliftment that can be described only in the Biblical words, "the peace of God, which passeth all understanding." Later that morning, a friend called to say she had some food she wished me to pick up at her house for our family dinner, since she had no car in which to deliver it to us. When I stopped at her house she said: "I had the most unusual experience this morning. I woke up early and couldn't go back to sleep for thinking of Betsy. I had the feeling that she needed help, so I prayed for her. I hope she will be much better when you see her."

I then went directly to the hospital, and the minute I walked through the door of Betsy's room the other patient in the room raised up and said

in excitement: "The strangest thing happened early this morning. Betsy had a terrible night of pain, but between 5:30 and 6 o'clock the pain turned off, just like a faucet—and it hasn't come back!" This was six months ago, and the pain has never come back. The operation has been a complete success also. How can we doubt that Jesus meant exactly what He said when He uttered the words: "If two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father who is in heaven. For where two or three are gathered together in my name, there am I in the midst of them"; and "Whatsoever ye shall ask in prayer, believing, ye shall receive."

There is one other episode I would like to tell that relates what I call "being prayed up in advance." Last winter I organized a tour for following an azalea trail in the South. This was a trip I had long wanted to take but could not afford. Then the thought came to me that there might be women in our city who would be glad to pay for a conducted tour, if I could get in touch with them. Acting on this thought, I made plans for the trip. Everything worked out so smoothly that I never doubted that my plans were an answer to my prayer, which became, "If it is Thy will, dear God, let this trip materialize."

When it was certain that we were going and the final plans were made, I changed my prayer to: "Let me not fail these women who are in my care. May everything be done with and through Thy guidance, and may we all have a fine trip." We had a wonderful trip, but one incident threatened danger for a few moments.

We were driving along the highway when we saw a car approaching in our lane. At first, we thought the driver was passing another car, but when he failed to swing back into his own lane we realized he had no intention of moving over. On he came, until I had to do something, for my passengers were cringing and shrieking orders to me. I did the only thing left to do—I turned onto the shoulder of the highway, and the car immediately began to skid when I hit loose gravel. I had never before driven a car under such circumstances, but a power within seemed to guide my hands on the steering wheel. In a matter of seconds—although it seemed hours to me and my passengers—I had the car under control and thus averted an accident.

Afterward my passengers asked, "How did you know what to do?" I truly did not know, until I had time to think. Then I knew that God was answering my prayer for guidance and I informed my passengers, "I was prayed up in advance for that incident." They agreed with me.

The law of Jehovah is perfect, restoring the soul:
The testimony of Jehovah is sure, making wise the simple.
The precepts of Jehovah are right, rejoicing the heart:
The commandment of Jehovah is pure, enlightening the eyes.
The fear of Jehovah is clean, enduring for ever:
The ordinances of Jehovah are true, and righteous altogether.
More desired are they than gold, yea, than much fine gold.
Sweeter also than honey and the dropping of the honey comb.

—PSALMS

Sunday LESSONS

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.

Lesson 10, June 6, 1954

UNITY SUBJECT—*Poverty and Wealth.*

INTERNATIONAL SUBJECT—*Amos Condemns Social Injustice.*—Amos 7:10-17; 8:4-8a.

10. Then Amaziah the priest of Beth-el sent to Jeroboam king of Israel, saying, Amos hath conspired against thee in the midst of the house of Israel: the land is not able to bear all his words.

11. For thus Amos saith, Jeroboam shall die by the sword, and Israel shall surely be led away captive out of his land.

12. Also Amaziah said unto Amos, O thou seer, go, flee thou away into the land of Judah, and there eat bread, and prophesy there:

13. But prophesy not again any more at Beth-el; for it is the king's sanctuary, and it is a royal house.

14. Then answered Amos, and said to Amaziah, I was no prophet, neither was I a prophet's son; but I was a herdsman, and a dresser of sycomore-trees:

15. And Jehovah took me from following the flock, and Jehovah said unto me, Go, prophesy unto my people Israel.

16. Now therefore hear thou the word of Jehovah: Thou sayest, Prophesy not against Israel, and drop not *thy word* against the house of Isaac;

17. Therefore thus saith Jehovah: Thy wife shall be

a harlot in the city, and thy sons and thy daughters shall fall by the sword, and thy land shall be divided by line; and thou thyself shalt die in a land that is unclean, and Israel shall surely be led away captive out of his land.

4. Hear this, O ye that would swallow up the needy, and cause the poor of the land to fail,

5. Saying, When will the new moon be gone, that we may sell grain? and the sabbath, that we may set forth wheat, making the ephah small, and the shekel great, and dealing falsely with balances of deceit;

6. That we may buy the poor for silver, and the needy for a pair of shoes, and sell the refuse of the wheat?

7. Jehovah hath sworn by the excellency of Jacob, Surely I will never forget any of their works.

8a. Shall not the land tremble for this, and every one mourn that dwelleth therein?

GOLDEN TEXT—*Seek good, and not evil, that ye may live; and so Jehovah, the God of hosts, will be with you.*—Amos 5:14.

SILENT PRAYER—*God is my unfailing resource.*

The material-minded man has the belief that if some persons are rich other persons must necessarily be poor. This viewpoint shows lack of understanding of the spiritual law of prosperity, for God has provided an abundance for all. Jesus tried to show this in His teaching concerning the lilies of the field and the birds of the air. They are cared for, although they are not "anxious for the morrow." The greatest enemy to true prosperity today is human selfishness. Those who try to crowd other persons out of their possessions for personal gain are putting into operation forces that will eventually deprive them of the very things they desire.

In today's lesson we are shown that those who

are trying to get wealth through selfish practices will receive a meager yield from their efforts. Selfish thoughts blind man to the truth that God has provided enough substance bountifully to supply all men. When a man does not perceive this truth, he is moved to selfish thoughts and acts from fear of lack. Fear of lack is due to lack of faith in God. Thus, fear causes one man to deprive other men of their belongings so that he may have enough for himself. This brings into this man's affairs the dwarfing effect of the mental law of lack.

When we try to hoard things here on earth, we produce in our consciousness a limitation of spiritual things. "What things soever ye shall bind on earth shall be bound in heaven; and what things soever ye shall loose on earth shall be loosed in heaven." That is, our thoughts about material things react on our spiritual consciousness; and if we limit material things in our thinking, we limit our concept of the great universal abundance. This shuts us off from the free-flowing universal supply that would otherwise naturally come to us in abundance. Selfish persons may for a time seem to prosper, but their wealth is either swept away from them or it becomes to them an incubus that, by its very weight, destroys their vitality and happiness. Biographies of rich men who have been selfish will bear this out.

All rich men are not selfish, however. The rich are by no means the only selfish persons. There are countless millions of selfish men and women who are poor, and their poverty may be traced to their selfishness. Praise, thanksgiving, and loving co-operation destroy the fear thought and cause the law to

bring returns of health, happiness, and prosperity.

This lesson also shows that trickery and unfairness in business bring woe and unhappiness. If one wants true happiness, he must keep his eye "single." A "single" eye sees only the good. When one practices deceit and falsehood in his business, he has an eye upon something he knows is not righteous. This diversion of his attention from singleness of purpose shuts out the wonderful light of true happiness and with it the worth-while things of life.

It is well to consider also the result to ourselves of any unkindness we may show another. If we think unkind thoughts toward others, these thoughts return to us like boomerangs, bringing us much unpleasantness. If we go into the silence and ask the Father for something, our prayer cannot be answered in its fullness so long as we are holding unkind or unforgiving thoughts toward anyone. If we have wronged anyone, let us first do all that we can to right this wrong and then begin to set our minds right by thinking thoughts of good will and love.

If it is too late to make reparation in an outer way, let us ask in the silence that the forgiving love of God may cleanse our minds; then let us forgive ourselves and everyone else. This will remove obstructions that selfishness may have placed in us and open our consciousness to the great inflow of God's pure substance. Forgiveness must be accomplished in all sincerity and earnestness, with no trace of self-justification. Material possessions are but symbols and conveniences in the great work of inner development. We should bless them wisely, but we should

not let them blind us to the realities of life that lie back of them.

QUESTIONS

1. Must some persons be poor so that others may be rich?
2. What is the great enemy of prosperity?
3. To what is fear of lack due?
4. What is the law concerning the things that we bind on earth?
5. What often hinders the answer to prayer?

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Lesson 11, June 13, 1954

UNITY SUBJECT—*Man's Responsibility as a Citizen.*

INTERNATIONAL SUBJECT—*Amos Denounces Intemperance.*—Amos 2:11, 12; 4:1, 2; 6:1-7.

11. And I raised up of your sons for prophets, and of your young men for Nazirites. Is it not even thus, O ye children of Israel? saith Jehovah.

12. But ye gave the Nazirites wine to drink, and commanded the prophets, saying, Prophesy not.

1. Hear this word, ye kine of Bashan, that are in the mountain of Samaria, that oppress the poor, that crush the needy, that say unto their lords, Bring, and let us drink.

2. The Lord Jehovah hath sworn by his holiness, that, lo, the days shall come upon you, that they shall take you away with hooks, and your residue with fish-hooks.

1. Woe to them that are at ease in Zion, and to them that are secure in the mountain of Samaria, the notable men of the chief of the nations, to whom the house of Israel come!

2. Pass ye unto Calneh, and see; and from thence go ye to Hamath the great; then go down to Gath of the Philistines: are they better than these kingdoms? or is

their border greater than your border?

3. Ye that put far away the evil day, and cause the seat of violence to come near;

4. That lie upon beds of ivory, and stretch themselves upon their couches, and eat the lambs out of the flock, and the calves out of the midst of the stall;

5. That sing idle songs to the sound of the viol; that invent for themselves instruments of music, like David;

6. That drink wine in bowls, and anoint themselves with the chief oils; but they are not grieved for the affliction of Joseph.

7. Therefore shall they now go captive with the first that go captive; and the revelry of them that stretched themselves shall pass away.

GOLDEN TEXT—*Let us walk becomingly, as in the day; not in revelling and drunkenness.*—Rom. 13:13.

SILENT PRAYER—*The Christ Mind empowers me to control my thoughts and desires and through them my life and affairs in divine order.*

In sense consciousness man lives merely for today. He has no vision of better things, no discernment of larger degrees of Truth worth working out. Worse still, he lacks the ability to foresee the inevitable result of self-indulgence. When man gives himself over to the habit of intemperance he ceases to regard consequences. "Sufficient unto the day is the evil thereof."

In the grip of sense consciousness, men do not realize that it is possible to be free from it. Freedom comes, nevertheless, in one of two ways: through the overcoming of the sense nature by the power of the Christ, or through unlimited surrender to sense, which is destructive and leads eventually to death of

the body. Freedom through death is the peak of negation and is to be avoided at all cost. Freedom under law comes easily and naturally to him who imbuses himself with the Spirit of the Christ.

Whatever undermines character in the individual lowers the morale of the community in which he lives, in so far as he contributes to the community's life and thought and influences others. Intemperance results in lower standard of individual and civic character and conduct.

Everyone has a responsibility to discharge to his fellow men. He is responsible for ordering his life as an individual so as to approximate the highest standard he is capable of reaching. Those who seek to express the Truth of Jesus Christ devote themselves to the interests of mind rather than to the wants of the body. They do not allow the body to usurp more than its rightful share of time and attention.

Body and mind are interdependent. What is normal and right for the body causes it to show a normal reaction. What is abnormal in the way of food and drink registers an abnormal reaction. Excessive use of intoxicants affects both body and mind, and the reaction in both is abnormal.

Temperance does not mean abstinence from intoxicating liquors and excessive eating only. The element of intemperance is also present in every form of sensation. Indulgence in any of these forms is a step toward the destruction of the temple of God, the regenerate body of man.

Athletes in training customarily submit to strict rules to conserve and improve their physical fitness.

Self-control in all things for the period immediately preceding any contest they intend to enter is imperative. Abstinence from unhealthful food and drink is likewise a contest in which the wills and the desires of men engage. If they are to win a satisfying measure of self-control, much more than a random resolution to abstain is required of them.

Training in abstinence requires the co-operation of all the faculties. "They that run in a race run all." The will needs reinforcing with affirmations of spiritual power and the inspiration of the Almighty. Understanding must be quickened. Man finds prayer and meditation a help on the inner side of life in this. Interest in other persons proves a decided help in the outer. One can give himself to others so conscientiously that food and drink fall into secondary place and become matters of routine. They are performed as a matter of course and dismissed from mind, giving one opportunity to devote himself to the real interests of the day.

Those who wish to enter a race must qualify for entrance by meeting entry requirements. When this is done all are on an equal footing; all are potential winners. When one enters the race for self-control he must also qualify. The qualifications are self-knowledge, recognition of the nature and magnitude of the task ahead, acknowledgment of the fountain of strength from which he is to replenish his courage and endurance. Spiritual insight will teach him to center his thought and desire on the inner realm of causes. The thoughts and desires are first to be brought under control, and the habit of turning to Spirit alone avails here. When this habit is persisted

in it becomes second nature, supplanting the willful nature of the personal self with its demands for gratification.

Purpose is the dynamic power that carries one through failure or only partial achievement to sustained effort and success. Without purpose no one can keep his thought life or his practical everyday conduct unified and consistent. Since everyone consciously or unconsciously wishes his life to form a consistent whole and his character to be one of substantial worth, everyone needs to entertain high purpose and to match that high purpose with equal endeavor.

A sound mind in a sound body is worth any amount of self-discipline that may be required to realize it. A heart stayed on God completes the trinity of rewards and fits man for his role as a son of God.

QUESTIONS

1. What is man's responsibility to his fellow men?
2. Does man's body show him what is normal and right for it? Explain.
3. What part does purpose play in life?
4. Name some of the qualifications for learning control of appetite.
5. How does man become fitted for his role as a son of God?

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Lesson 12, June 20, 1954

UNITY SUBJECT—*Remaking Our World.*

INTERNATIONAL SUBJECT—*Hosea Pleads with Israel.*—Hosea 6.

1. Come, and let us return unto Jehovah; for he hath

torn, and he will heal us; he hath smitten, and he will build us up.

2. After two days will he revive us: on the third day he will raise us up, and we shall live before him.

3. And let us know, let us follow on to know Jehovah: his going forth is sure as the morning; and he will come unto us as the rain, as the latter rain that watereth the earth.

4. O Ephraim, what shall I do unto thee? O Judah, what shall I do unto thee? for your goodness is as a morning cloud, and as the dew that goeth early away.

5. Therefore have I hewed them by the prophets; I have slain them by the words of my mouth: and thy judgments are *as* the light that goeth forth.

6. For I desire goodness, and not sacrifice; and the knowledge of God more than burnt-offerings.

7. But they like Adam have transgressed the covenant: there have they dealt treacherously against me.

8. Gilead is a city of them that work iniquity; it is stained with blood.

9. And as troops of robbers wait for a man, so the company of priests murder in the way toward Shechem; yea, they have committed lewdness.

10. In the house of Israel I have seen a horrible thing: there whoredom is *found* in Ephraim, Israel is defiled.

11. Also, O Judah, there is a harvest appointed for thee, when I bring back the captivity of my people.

GOLDEN TEXT—*I desire goodness, and not sacrifice; and the knowledge of God more than burnt-offerings.*—Hosea 6:6.

SILENT PRAYER—*Knowledge of God is my great desire, and I claim it as my birthright and my heritage.*

We correct a wrong turn while on a journey by turning back and taking a new course. In life the same principle applies. To correct a wrong course of

conduct requires a change of thought and a corresponding change of conduct. Repentance consists of these two fundamental changes rather than of sorrow and contribution, both of which are negative and destructive of man's true progress.

Divine law, disobeyed, acts on man as punishment. This is not because God is vindictive, but because man cannot violate his true nature without paying the penalty. As man obeys the law of his being, he prospers and grows robust and happy. Jehovah tears down in the sense of penalizing departures from law and heals through obedience, or a return to the law.

Returning and rest, therefore, become a person's first duty and privilege when he has mistaken the way and wandered away from his own good. His return is made through the activity of the I AM, which is represented in this lesson by Hosea. The meaning of the name Hosea is "salvation," "deliverance," "help." We realize deliverance and salvation through the right use of the I AM.

"Take with you words, and return unto Jehovah." Words are useful because they express thought. The chief thought in this lesson is that of divine love, which acts always to bless and to prosper. We return to this thought over and over because of the encouragement it gives us in our efforts.

The purpose of education is the acquisition of knowledge and wisdom. However, secular knowledge rather than knowledge of Truth or of God occupies to a high degree the thought of educators, parents, and pupils alike at the present time. This is well, but the fact that instruction in the public

schools is secular and that reverence for God and His laws is not taught has resulted in a lack of consciousness of God, which teaching should be developed as a fundamental part of character training.

Lack of knowledge of the good opens the way for a host of negations to creep in. With too little truth, the opposite of God's good gifts appear, and evil appears rife. The remedy is, in part, nonresistance. We are not to fight evil. This is not the way to repel it. "Let no man strive, neither let any man reprove." To fight evil causes it to marshal forces and to increase in strength and might. In such a situation everyone stumbles, and no one has any confidence or sense of security left.

Divine love in man's heart, if he expresses it faithfully, prepares him for usefulness and fruitfulness in whatever activity he chooses. "The latter rain that watereth the earth" is comparable to the love of God, which comes into mind when summoned and needed. Thus, God is at the behest of man, although man is dependent absolutely on God.

God cannot serve man unless man so wills and unless he holds himself in a consciousness to which spiritual things can be made manifest. Ephraim represents the will and Judah the faculty of accumulation through prayer and praise. Where the will has not been developed in spiritual living and is inconstant and subject to fluctuation or cessation, as the morning cloud is dissipated by the rays of the sun or the dew dried by it, goodness is of little benefit to man. The will that perseveres is the good will that makes connection with God through prayer.

Those who, through lack of stability or perseverance in knowing God, fail to develop spiritual consciousness, or who do not form the habit of rendering praise to God in prayer receive no revelations from the Holy Spirit. In individual consciousness, the prophets represent thoughts that are in contact with Spirit and that impart to man an understanding of divine law. Unless he has this understanding, man is without guidance and can neither recognize nor follow Truth with confidence.

Divine judgment is not a mysterious, hidden quality that can be discerned only by the priest. It is as plain as daylight, which cannot be obscured by man's efforts. He who uses judgment in his search for Truth realizes that goodness and the knowledge of God are the chief things and that he will gain them as he concentrates all his thought upon them and goes on to know and do them. Sacrifice and burnt offerings are mere outer forms of the inner reality, and we know that in reality the form loses its importance in our eyes. Only the flesh consciousness can blind us to the truth of what is right and good for us.

As a man spiritualizes his senses, he finds that the rewards of giving up the pursuit of sense more than compensate him for the sacrifice. The rewards of following on to know Jehovah also are many. A few are listed in the closing portion of this lesson. They are so satisfying and bring so much joy to man that it is difficult to describe them except in figures of speech. The I AM in man is as the dew to the reality of life, reviving and refreshing him daily. The beauty of a divinely ordered life is as the lily; its

strength is as the roots of the great trees of Lebanon. One who devotes his life to gaining knowledge of God is as a great tree with spreading branches, yet with the compactness of the olive tree. Nothing beautiful or desirable is absent from it.

Finally, wisdom and prudence call man to follow the divine way of life. This way is right for man, and he walks securely in it as long as he does what is right and just. Those who forsake right and justice come to grief, thus proving the law.

QUESTIONS

1. Of what does repentance consist?
2. Why should we not resist evil?
3. How do we follow on to know Jehovah?
4. What is the main attribute that prepares man for usefulness and fruitfulness in his chosen activity?

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Lesson 13, June 27, 1954

UNITY SUBJECT—*Requirements for Survival.*

INTERNATIONAL SUBJECT—*Judgment Comes to Israel.*—II Kings 17: 5-14, 18.

5. Then the king of Assyria came up throughout all the land, and went up to Samaria, and besieged it three years.

6. In the ninth year of Hoshea the king of Assyria took Samaria, and carried Israel away unto Assyria, and placed them in Halah, and on the Habor, the river of Gozan, and in the cities of the Medes.

7. And it was so, because the children of Israel had sinned against Jehovah their God, who brought them up out of the land of Egypt from under the hand of Pharaoh king of Egypt, and had feared other gods,

8. And walked in the statutes of the nations, whom

Jehovah cast out from before the children of Israel, and of the kings of Israel, which they made.

9. And the children of Israel did secretly things that were not right against Jehovah their God: and they built them high places in all their cities, from the tower of the watchmen to the fortified city;

10. And they set them up pillars and Asherim upon every high hill, and under every green tree;

11. And there they burnt incense in all the high places, as did the nations whom Jehovah carried away before them; and they wrought wicked things to provoke Jehovah to anger;

12. And they served idols, whereof Jehovah had said unto them, Ye shall not do this thing.

13. Yet Jehovah testified unto Israel, and unto Judah, by every prophet, and every seer, saying, Turn ye from your evil ways, and keep my commandments and my statutes, according to all the law which I commanded your fathers, and which I sent to you by my servants the prophets.

14. Notwithstanding, they would not hear, but hardened their neck, like to the neck of their fathers, who believed not in Jehovah their God.

18. Therefore Jehovah was very angry with Israel, and removed them out of his sight: there was none left but the tribe of Judah only.

GOLDEN TEXT—*The ways of Jehovah are right, and the just shall walk in them; but transgressors shall fall therein.*—Hosea 14:9.

SILENT PRAYER—*The reward for keeping the law of life is wisdom, understanding, self-dominion, and power.*

Materialism is as old and as persistent as the race. It leads not only to strife and contention but to unreality and eventual defeat and downfall. In this sense, sin or missing the mark is the cause of the

decline of a nation from power to impotence and of individual deterioration also. The prophetic utterance, "My people are destroyed for lack of knowledge," is true in every age. Knowledge of the law and a realization of its irresistable compulsion results in intelligent compliance with its requirements, with consequent health, success, and well-being.

The mind is the battlefield of consciousness. Truth and error contend for its possession, and history, sacred or secular, is but a record of the war that constantly is waged between the higher and the lower states of consciousness, of which personalities are the puppets. That one nation after another has declined in power and importance until it has ceased to exist as a nation is proof of the hold of materialism over the mind. When the mind succumbs to materialism its doom is sealed. When a nation so succumbs its days are likewise numbered.

Thoughts that have been wrought in Truth and righteousness make up the spiritual mind. We protect ourselves from materialism by keeping our faith fixed on God.

History shows that all great religions were spiritual at their beginnings and that they became material with age. A tendency toward materiality is to be observed in the evolution of the soul; this tendency should be corrected by an increased devotion to Truth whenever one finds his thoughts dwelling on effects rather than on causes. The tendency of the mind to lapse into materialism does not prove that lapses are unavoidable but that they are possible in certain phases of soul evolution. The race is now coming out of materialism, and the dominant desire

of people is for a better understanding of spiritual principles. Ample provision has been made for all who keep the eye of faith on the absolute good: "The gates of Hades shall not prevail against" them. "The Lord hath a mighty and strong one," and no one can prevail against this complete conviction of spiritual certainty and Truth. It means integrity for the seeker after the right, power for the one who relies on the reinforcing of power from on high, good judgment for the one who exercises his judgment under divine law.

As surely as persons and nations perish because of their failure to observe the law of their being, so are they surely preserved when they keep the law. Theirs is the choice to keep the law or to flout it and to take the consequences. The same course of action exalts a person or a nation, namely obedience on the inner plane of being. We disobey the requirements of our being at our own peril.

The religious nature of man demands satisfaction; and if Spirit is hidden from him, he worships some material concept of God. Those who are ruled by the intellect naturally turn to the objective world for an object of worship. Some worship material success, others personality, still others wealth or some other object of sense. Baal has many worshipers today; the name Baal means "lord," and all concepts of the Lord as that which has form rather than formless universal mind are Baal.

"God is spirit"; therefore, we are true worshipers only as we understand and enter into the Spirit of truth, the Spirit of all good, and express this Spirit in our daily lives.

We work out our salvation from sense consciousness with the help of the I AM. The spiritual I AM stirs us to self-examination in order to account for the adverse state of circumstances in which we find ourselves involved. The inner voice inquires what we are doing in adverse circumstances. If we are true to the principles that we believe and by which we profess to live, why should we be overtaken by adversity? We may be zealous for the triumph of Truth, but we may not realize that the "still small voice" is the controlling power over our inner world and not the calling down of fire from heaven in the world of intellect or the world of sense. The issue cannot be forced. We must review our course until we come to understand that our consciousness has been founded on a material concept of life heretofore.

QUESTIONS

1. What causes the decline and fall of nations?
2. What inner struggle is symbolized by social strife and wars between nations?
3. What is the history of religions in respect to their spirituality?
4. How may man avoid entering the "gates of Hades"?
5. How can man protect himself from materialism?

Is any among you sick? let him call for the elders of the church; and let them pray over him . . . in the name of the Lord: and the prayer of faith shall save him that is sick, and the Lord shall raise him up.—JAMES

These Will Endure

There will be beauty always
Beyond the touch of wars:
Apple trees in blossom.
Whiteness of stars.

Music of falling waters.
Bird song beneath the eaves.
Velvety, crimson roses
And autumn leaves.

Rainbows spanning the heavens.
Fragrance lilacs distill.
And across the purple darkness
A moon-drenched hill.

Pale dawns and glowing sunsets,
Wide spaces and emerald sod.
There will be beauty always,
Beauty, and God.

—*Virginia Eaton*

Silent UNITY

I listen to the word of God within me saying, "Let there be light," and I awaken to a new understanding of Truth.

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.

Give your full name and address

Prayers ANSWERED.....

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

I Will Come and Heal

As YOU KNOW, three and a half years ago I sat in a wheel chair before some specialists, paralyzed in arms and legs, and very ill, to hear them say I had multiple sclerosis and they knew neither the cause nor the treatment.

I was very lucky that day, for the first thought that crossed my mind was "well, it doesn't really matter for I still have God," and of course it didn't matter. Yesterday I went up two flights of stairs at the court house and around town with only a slight tightness of the leg muscles toward the end of the day. I entertained at two family parties over the Christmas holidays and I work every day. My health seems so wonderful that I forget about everything else. Thank you for your prayers.—*Mrs. F.V.H., Texas.*

He Shall Have Abundance

THANK YOU FOR praying with me during the period of my prosperity bank savings. The threatened strike where my husband works was averted and new gains

for the workers were made. And as an added blessing for which I give special thanks is my improved health. All tests of former positive tuberculosis in myself are now negative, and there hasn't been one cold or illness in the family all winter.—*Mrs. E.L., California.*

AT THE TIME I first wrote you for the little prosperity bank my husband wasn't at all happy with his work, and it wasn't long until he was let out.

I really felt his being let out was a blessing and I also felt something good would be coming his way, for I already had the prosperity bank drill working for us.

My husband now has a job that we feel has truly been sent from God, and our faith is in Him.—*Mrs. R.L.B., New York.*

I HAVE HAD A BANK now for almost two years and wonder how I ever did without it before. So many wonderful things have happened to my family and myself since starting my banks. Two years ago we lived in such a run-down house but could not see our way clear to pay more rent. That is when I started my first bank. It was like a miracle! In a short time we were able to move to a lovely apartment. I was able to refurnish our home, my husband's business has improved—and all this in two years. I am so thankful to God and I never forget to thank Him daily for everything, no matter how small. Please send me another bank as soon as possible. —*Mrs. F.S.L., New York.*

I AM SURE you must have files full of letters telling of the wonderful results people have received through

the use of your prosperity bank; nevertheless, I feel compelled to add mine!

It seems that an error had been made some years ago in my income tax return, and the penalty I had to pay was much more than my bank account could cover by the due date. But I followed Unity's teachings and didn't worry—just knew that God would see my need and send the supply—although I must admit, I would occasionally wonder how the Lord was going to get the needed cash to me.

Less than a week before the deadline, an acquaintance asked me if I would do some extra typing for her at home. I have worked for many years, and this was the first such request I had received. I worked early and late, and the extra money I made in that short week covered not only my immediate need, but gave me an extra ten dollars.

I am so happy and grateful to have found a source of inspiration and guidance which can make living such fun!—*Mrs. J.C., Oklahoma.*

My Help Cometh from the Lord

PLEASE RENEW my subscriptions to UNITY and *You* magazines. It is not difficult to imagine the perfection of this world if everyone studied Unity. Also, in raising two boys to be the men of tomorrow, I find that the principles and illustrations in the magazines are of invaluable help to me.—*Mrs. J.L.C., Connecticut.*

I WANT TO THANK YOU for what Unity has done for our family this year. I also want to tell you I think

the Unity literature is getting better every day.

My mother has received her sight since Unity has been shown to us. My kid sister is no longer spoiled. My brother who was always jittery and is a big businessman in this town is relaxed and sure. We are not the same people we were before we knew about Unity.—*S.S., Wisconsin.*

I MUST EXPRESS most sincerely that the more I read your literature the more I come to know God.

UNITY Magazine is the first magazine I read. Its contents are helpful and inspiring and seem to contain a solution to every problem of mine. My life is changing daily.—*L.A.K., West Africa.*

I AM EXCEEDINGLY happy and grateful for the new light that has dawned in my consciousness since I became acquainted with your literature. It would take too long to tell of the wonderful results I have been receiving all along.

By leaving everything faithfully and lovingly in the hands of the Father, I have seen great results. A vacation had been due me for almost two years and by putting my prayers into practice this all worked out for me. My boss called me one day, saying that I could take my vacation and that I would also receive the money due me. Right away I gave God thanks. I felt so joyful to see how God works when you give Him a chance in your life and affairs. "Let go and let God." I am now experiencing a wonderful transformation in my mind and affairs.—*K.A., Republic of Panama.*

MANY TIMES I HAVE been on the point of writing to you for I am very grateful for the truly lovely and

inspiring UNITY Magazine that reaches me so regularly each month. I read it with such joy and always feel helped and uplifted. The articles are most beautifully and yet simply written. Every one contains just what is needed to explain and bring our beloved Master closer.—*A.S.W., England.*

Father, I Thank Thee

TODAY I AM WRITING to you with my heart overflowing with gratitude. My last letter requested your help in selling my house. Two days after that letter was mailed prospective buyers began to call on me, and I am very happy and thankful to God that I can write you that the house was sold.

As I said in my last letter, I had been trying to sell the house for the last two years without success. From the moment I received your answer with the affirmation and the pamphlet inclosed I realized that everything comes from the Lord, even the selling of a house. It was God's work through your loving prayers. I am sincerely grateful.—*Mrs. M.G., Central America.*

AFTER TWENTY-TWO YEARS of commissioned service in the Reserves, of which eleven years have been active service, I was told (along with thousands of others) that my services as an officer on active duty were no longer needed by the Army. I was discharged the first of the year and in order to save my retirement rights, I re-enlisted immediately as a sergeant.

My friends and associates expected me to be morose, unhappy, despondent, and bitter. The exact opposite has been true, and I find myself daily appre-

ciating the bright side of every situation. It is hard to believe, but I am actually happier today as a sergeant than I was as a lieutenant colonel. The Lord has provided me with a private income which has miraculously developed over a period of years. I have a wife second to none, who has been my right hand for twenty-one years, and a son and a daughter of high school age, who are a real joy.—*H.R., California.*

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Hearken Unto Me

I WROTE you late in January asking for your prayers. At the time my husband's business had gone bankrupt and our future was uncertain.

My husband was blessed with sufficient work to provide for the family through the months following bankruptcy. By the co-operation of God's mercy and lawyers, our home and cottage were released from the bankruptcy act. In May we sold our summer cottage and gained a little profit to take care of financial needs. All as a result of God's adjustments.

Following our trials, we were blessed with a joyful week-end vacation in the Green Mountains of Vermont visiting relatives, and we just let go of all our burdens.

During the fall, prior to the bankruptcy, I faced a problem of religious prejudice. At the time, your book, *God Is the Answer,* was my greatest uplift and help. My home is filled with peace and harmony again through your prayers and Unity literature. I am happy to write and give thanks to Silent Unity. —*Mrs. P.E.P., Mass.*

UNITY CENTERS AND CLASSES

The following leaders are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

Birmingham—Blanche Joki, 2803 Highland ave

ARIZONA

Globe—Sarah Lightle, 117 E. Oak
Phoenix—Harold Irving, Woman's club
Tucson—Chas Smith, YMCA

ARKANSAS

Little Rock—Mildred Brown, Woman's club

CALIFORNIA

Alhambra—Albert Ransford, 25 N 2d
Auburn—John Hinkle, St. Luke's Episcopal church
Bakersfield—Della Shutts, Brower bldg
Berkeley—Susanna Scott, Durant hotel
Beverly Hills—Ruth Rae, 200 S Canon
Burbank—Joseph & Mildred Haggerty 1009 Cordova, Magnolia Arcade
Cambria—A Williams, Derby & Warwick
Castro Valley—Edith Gruenwald, 1025 Crow Canyon rd
Colton—Harriet Nicholls, 13 W H st
Compton—Margaret Butterworth, 115 N Chester
Culver City—Dollee Phillips, 4024 Irving
Escondido—Lola Mays, 143 W Grand
Fontana—H P Nicholls, Community church
Fresno—Alice Stokes, 171 Blackstone
Glendale—Clifford Carpenter, 236 So Brand
Hermosa—Winifred Dietz, 77 17th
Hollywood—Rose Schneider, 1162 N St Andrews
Inglewood—Maude Galpin, 226 E Spruce
La Crescenta—Mary Adams, 4004 La Crescenta
Long Beach—Louise Newman, 935 E Broadway
Los Angeles—Ernest C Wilson, Norma Knight Jones, C Franklyn Kelly, 635 S Manhattan Pl; Nina Fisher, 3010 Palm Grove; Helen Mouton, 4419 Mettler; Glenna Arrowsmith, 967 W Vernon
Modesto—Alma Ladd, 201 Eye
Monrovia—Irene Malloy, 201 E Lime
Montebello Park—Gertrude Hall, Woman's club
Napa—Helen Wade, Churchill manor
North Hollywood—Joseph & Mildred Haggerty, 4871 Lankershim blvd
Oakland—Alma Morse, 144 Athol
Oceanside—Sonja Samiran, K P hall, 115 N Tremont
Pasadena—Max & Frances Flickinger, 293 N Euclid; Carrie Love, 80 Orange
Pomona—C L Tuntland, 249 W Monterey
Redlands—H P Nicholls, 640 W Fern
Richmond—Winifred Deming, 1125 Nevin
Sacramento—John Hinkle, 1025 9th; Blanche Evans, Native Sons bldg
San Bernardino—Mr and Mrs H P Nicholls, 763 D st
San Diego—Marie Fleming, 441 C st
San Francisco—Mary Scully, 25 Fulton; Ethel Higgins, 133 Geary
San Gabriel—Ethel Turner, 325 S Pine
San Jose—Rose Emery, 40-B S 1st
San Leandro—Barbara Lyons, 209 Joaquin
San Rafael—Helen Wade, 701 Mission
Santa Ana—Myron & Estelle Key, 2015 N Broadway
Santa Barbara—Robert Sikking; 227 E Arrellaga
Santa Cruz—Pauline Powell, 916 Riverside
Santa Monica—Sue Sikking, 1528 3d
Santa Rosa—Helen Wade, 845 3d
South Gate—Edna Drebert, 2945 Tweedy
Stockton—Grace Swannell, 48 W Poplar
Taft—Della Shutts, 402 Monroe
Van Nuys—Mary Hider, 7605 Van Nuys; Vera Stenen, 5745 Woodman ave
Vista—Sonja Samiran, 323 A B'way
Walnut Creek—Marie Giles, 1756 Lacassie lane
Whittier—Unity, 7819 Glengary

COLORADO

Colorado Springs—Ann Winstead, 1307 W Colorado
Denver—Alice Benson, 1441 Welton
Pueblo—Edith Wilshire, YWCA

CONNECTICUT

Bridgeport—Helen Kersten, 199 Fairfield
West Hartford—Faith Cornwall, 1 Walbridge rd
New Haven—Bonnie Adams, Hotel Taft

DISTRICT OF COLUMBIA

Washington—Margaret & E Roy Feldt, New Colonial hotel; Ann Sandefer, 1733 Eye st N W

FLORIDA

Clearwater—Louise Beaty, Chamber of Commerce auditorium
Daytona Beach—Mary Huck, 128 B'way
Delray Beach—Lucy Stringer, 415 E Atlantic
Ft Lauderdale—Nora Campbell, Woman's club; Maud Guitteau, 11 NE 8th
Ft Myers—Ann Werner, Grand & Lafayette
Hollywood—Nora Campbell, 211 Morse arcade
Jacksonville—Wm & Bonnie Grenson, 634 Lomax
Lakeland—Dan Gunderson, City Hall
Lake Worth—Maud Guitteau, 20 S Federal hgw
Miami—John Baughman, 158 NE 4th
Miami Beach—May Stoiber, 5501 Pine Tree
Orlando—Carolyn Parsons, 503 S Orange
Pensacola—Eva Rosencrans, 114 W Garden
Sanford—Carolyn Parsons, Valdez hotel
Sarasota—Dorothy Roy, Women's club

St Petersburg—Louise Beaty, 801 6 ave S
Tampa—Ruby Wagner, 626 No B
West Palm Beach—Hal Rosencrans, 707 Florida ave

GEORGIA

Atlanta—Wendell Mixson, 365 Ponce de Leon NE; Mabel Butts, 382 Ashby NW
Macon—Wendell Mixson, Hotel Lanier

HAWAII

Honolulu—Marie Handley, 240 Lewers rd

ILLINOIS

Alton—Elsie Eckert, Mineral Springs hotel
Bloomington—Margaret Cain, 108 E Mulberry
Champaign—Viretta Sutherland, First Methodist Church Parish House
Chicago—W I & Anna Hoschouer, 306 S Wabash; Unity, 64 W Randolph; Janet Beaudry, 410 S Michigan; Myrtle Moore, 1129 E 45; Henrietta Gordon, 4307 S Mich; John Johnson, 3310 W 15
Decatur—Hazel Erisman, 317 W Decatur
E St Louis—Florence Schaefer, 656 N 79
Evanston—Maud Kellogg, Evanston hotel
Jacksonville—Viretta Sutherland, Dunlap hotel
Mattoon—Unity, 1305 Broadway
Rockford—Bernice Biggers, 115 S Regan
Springfield—Eva Conover, 709 S 7th

INDIANA

Ft Wayne—Erwin Schlag, 2440 Fairfield
Gary—Grace Free, YMCA 225 W 5th
Hammond—Grace Free, K of P hall
Huntington—Erwin Schlag, Court house
Indianapolis—Margaret Strahle, 907 N Delaware; Frederick Andrews, 8 E Market

IOWA

Des Moines—Wm Fischer, 3118 Grand
Sioux City—Grace Dickhaut, Insurance Exchange bldg

KANSAS

Hutchinson—Nona Kerfoot, 316 W 15th
Topeka—Harriet Pfouts, Jayhawk hotel
Wichita—Carl & Lois Moran, 3241 Victor

KENTUCKY

Louisville—Maebel Carrel, 1322 S 4; Ruth Cox, 2907 Virginia

LOUISIANA

New Orleans—Elois Echlin, 4730 Cleveland; Ruth Murphy, 3722 St Charles
Shreveport—Gilliam David, 721 College

MAINE

Portland—Unity, 562 Congress

MARYLAND

Baltimore—E Roy Feldt, Emerson hotel

MASSACHUSETTS

Boston—Elinor MacDonald, 30 Huntington
Cambridge—Edna Titus, 881 Massachusetts
Worcester—Elinor MacDonald, Academy bldg

MICHIGAN

Ann Arbor—Marie Munro, 310 S State
Battle Creek—Eleonore Krafft, Woman's league
Bay City—Aelola James, 231 Wash
Birmingham—Frank Glabach, Theater bldg
Detroit—Eric Butterworth, 17505 2d blvd Martha Fishburn, 4221 Eastlawn; Virginia Shipley, 115 E Grand River; Lois Anderson, 146 Englewood
E Lansing—Roxie Miller, 425 W Grand River
Flint—Michael Giannuzzi, Metropolitan bldg
Grand Rapids—Leon Miller, 530 Scribner ave NW
Jackson—Eleonore Krafft, Security bldg
Kalamazoo—Amy Moffatt, 209 W Dutton
Lansing—Nora Hines, YWCA bldg
Midland—Aelola James, Community Center bldg
Muskegon—Leon Miller, YWCA
Pontiac—Eve Edeen, 71½ N Saginaw
Royal Oak—Walfred Taurainen, 101 S Troy

MINNESOTA

Minneapolis—Lila Ranney, 2300 Hennepin
St Paul—Nellie Hohenwald, New York bldg

MISSOURI

Independence—Fannie Baldwin, 210 N Delaware
Jefferson City—Unity, 319 Ash
Kansas City—Louis E & Ethel Meyer, Dan N Saunders, 707 W 47th
Lemay—Julia McKee, 284 Lemay
Lee's Summit—Unity Village Center
Overland—Kate Evans, 2422 Goodale
Springfield—Polly Weeks, 213 E Chestnut
St Joseph—Osla Jones, 12 and Felix
St Louis—Wm Helmbold, 4526 W Pine; Hilda Westermeyer, 3616 Bates; Florence Brummer, 4621 S Kingshighway; Ethel Bradley, 4328 Easton

MONTANA

Billings—Ross Breakwell, 101 Lewis
Bozeman—Mary Wessel, 103½ Bridges Arms
Butte—Mary Wessel, YMCA
Great Falls—Lillian Cook, 1023 2 ave S
Livingston—Mary Wessel, 118 E Callender

NEBRASKA

Omaha—C N & Hallie Broadhurst, 1317 N 42d

NEVADA

Reno—Robt & Fay Caswell, 847 University

NEW JERSEY

Asbury Park—John Manola, Asbury Park Press Auditorium
Hackensack—Eleanor Drew, Woman's club
Montclair—Gladys Stevenson, 6 S Fullerton
Newark—Edith Berry, Berwick hotel
Plainfield—Clarion Lindas, Babcock bldg
Paterson—Gladys Stevenson, 35 Church
Ridgewood—Louise Gerhold, YWCA, 112 Oak
Trenton—Edith Berry, 135 Academy

NEW MEXICO

Albuquerque—Mina Stevenson, 1219 Tijeras ave NW

NEW YORK

Albany—Marian Hoagland, YWCA
Buffalo—Lillian Matthews, Statler hotel
Elmira—Florence Duncan, 455 W Gray
Flushing—Adele Woodruff, 135-42 40 rd
Forest Hills—Adele Woodruff, Tennis Grill, 6 Burns
Great Neck—Emma Jean Sartori 73 Cutter Mill
Ithaca—Unity, Women's Community bldg
New Rochelle—Ethel Nickelsen, YMCA 175 Division
New York—Georgiana West, 1 W 47; Crichton Boatwright, 57 Park ave; Josephine Siemon, 400 E 59; Stella Wrenn, 15 E 11 st; Nanna Sutton, 2333 8th ave; Janet Holland 2523 7th ave
Rochester—Elise Rosenburg, 55 Prince
Roslyn Heights—Adele Woodruff, 53 Mineola
Schenectady—Marian Hoagland, Lafayette & Chapel
Syracuse—Russell Kemp, 110 Onondaga A
Troy—Marian Hoagland, 1913 5th ave
Valley Stream—Stella Wrenn, 145 S Franklin
White Plains—Eleanor Drew, Masonic temple

NORTH CAROLINA

Asheville—Velma Hoffman, 430 McDowell

OHIO

Akron—Frank Grunder, 1075 W Market
Canton—Fred Beale, 203 6th N W
Cincinnati—Erma E Wissmann, 2853 Madison rd; Millie Leslie, 18 W 9
Cleveland—Earl & Martha Anthony, Hotel Cleveland; Cleo Lee, Masonic temple, 3615 Euclid
Columbus—Joe Jones, 50 West 5th ave
Dayton—Ethel Crouch, 1008 Grand ave
Hamilton—Mary Harding, 117 Ross
Mansfield—Ethel Wallace, 29½ N Walnut
Marion—Unity, YMCA
Springfield—Ross Goodman, 2215 E High
Toledo—Wallace Tooke, 2740 Upton
Warren—Frank Grunder, YWCA bldg
Youngstown—Frank Grunder, Home Sav & Loan bldg

OKLAHOMA

Bartlesville—Ruth Jacques, 1101 Johnstone
Muskogee—Ruth Jacques, Equity bldg
Oklahoma City—Alice & Schuyler Cronley, 318 Midwest bldg
Okmulgee—Ruth Jacques, 111 E 7
Tulsa—Grace Kehrer, 25 E 19

OREGON

Eugene—Unity, 1215 Oak
Portland—Marion Lance, 811 NW 20

PENNSYLVANIA

Philadelphia—Adelaide Cotter, 1835 Chestnut
Pittsburgh—Andrew Carlson, 809 Arch

PUERTO RICO

San Juan—Santurce—Rafaela Melendez, 306 Condado ave, stop 17

TENNESSEE

Chattanooga—Frances Clement, 756 Oak
Memphis—Hassall Self, 1911 Madison; Montee Falls, YMCA bldg
Nashville—Susan Smartt, 1816 Broad

TEXAS

Amarillo—Eugenia Lane, 2120 Tyler
Dallas—Ruth Gillespie, Cora Crandall, 5638 McCommas
El Paso—Mabel Peck, 1300 E Rio Grande
Fort Worth—Ruth Johnson, 901 Page
Houston—Lillian Brass, 3500 Louisiana; Dale & Donna Newsum, Scanlon bldg; Corine Smith, 3902 Leffingwell
Lubbock—Irene Duncan, 1620C Broadway
San Antonio—Mary Myles, Maverick bldg

WASHINGTON

Bremerton—Marion Brown, 925 Park
Everett—E MacPherson, 2609 Wetmore
Olympia—Warren Meyer, YWCA
Pasco—Beulah Scott, 404 N 7
Redmond—Ella Peterson, Cedar & Kirkland (library bldg)
Seattle—Donald O'Connor, Arcade bldg; Ella Peterson, 12511½ Bothell
Spokane—Herbert Hunt, 1124 W 6 ave
Tacoma—Warren Meyer, 1012½ A st
Yakima—Beulah Scott, 109 S 4

WEST VIRGINIA

Huntington—Daisy Daggett, Lewis Arcade

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Beloit—Bernice Biggers, YWCA bldg
Mercer—Ella Beierle, Rice lake
Milwaukee—Mae Lundahl, 1820 E North
Sheboygan—Lu Verna Bauer, 1603 S 9

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London—Herbert Nicklin, 70 Dundas
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Toronto—Mary & George Dunning, 173 Eglinton ave W
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Sunderland—T Merrington, Co Durham

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Prosperity

By Charles Fillmore

In this book Charles Fillmore clearly explains the laws of prosperity and how to put them to work in your life. He gives you an understanding of spiritual substance as the fundamental basis of the universe.

"We all know intuitively that there is something wrong in a world where poverty prevails," Mr. Fillmore says, "and we would not knowingly create a world in which a condition of poverty exists. . . . So when there is an appearance of poverty anywhere, it is our duty to deny it. . . . As the consciousness of the kingdom of heaven with its abundant life and substance becomes more and more common among men, these negative conditions will fade out of seeming existence."

Twelve chapters of dynamic ideas make up the contents of this book, and there are also questions designed to bring out the high points of each chapter. If you desire good things for your home, the chapter "God Has Provided Prosperity for Every Home" will help. If you seek freedom from debt, the chapter "God Will Pay Your Debts" can help you find prosperity.

(*Prosperity* is $1 a copy.)

UNITY BOOKS AND BOOKLETS

For Beginners in Truth	Beginning Again	$1.00
	Favorite Unity Radio Talks	1.00
	God a Present Help	1.00
	God Is the Answer — *Dutch, English*	1.00
	Great Physician, The	1.00
	How I Used Truth — *German, English*	1.00
	Lessons in Truth — *English, Italian, German, Spanish, Russian, French, Dutch*	1.00
	Letters of Myrtle Fillmore	1.00
	More Wonderful You, A	1.00
	New Ways to Solve Old Problems	1.00
	Peace Begins at Home	1.00
	Prove Me Now	1.00
	Things to Be Remembered	1.00
	Whatsoever Ye Shall Ask	1.00
For Healing	Christian Healing — *German, English*	1.00
	Divine Remedies	1.00
	Jesus Christ Heals	1.00
	Truth Ideas of an M.D.	1.00
	You Can Be Healed — *Swedish, English*	1.00
For the Home	You and Your Child — *French, English*	1.00
For Prosperity	Both Riches and Honor — *French, English*	1.00
	Prayer in the Market Place	1.00
	Prosperity	1.00
	Prosperity's Ten Commandments	1.00
	Working with God	1.00
For Inspiration	Best-Loved Unity Poems	1.00
	Be of Good Courage	1.00
	Household of Faith, The	5.00
	Lovingly in the Hands of the Father	1.00
	Mightier than Circumstance	1.00
	Prayer Changes Things	1.00
	Sunlit Way, The	1.00
For Devotion	Effectual Prayer	1.00
	Holy Bible, American Standard Version	6.50
	Keep a True Lent	1.00
For Advanced Study	Atom-Smashing Power of Mind	1.00
	Christ Enthroned in Man	1.00
	Have We Lived Before?	1.00
	Know Thyself	1.00
	Let There Be Light	2.00
	Metaphysical Bible Dictionary	5.00
	Mysteries of Genesis	1.00
	Mysteries of John	1.00
	Selected Studies	1.00
	Talks on Truth	1.00
	Teach Us to Pray — *French, English*	1.00
	Twelve Powers of Man, The	1.00
	What Are You?	1.00
For Children	Adventures of the Seven Spartans	1.00
	Barky and His Friends	1.00
	Crybaby Kangaroo	1.00
	Jet's Adventures	1.00
	Jet and the New Country	1.00
	Jet's Choice	1.00
	Teach Me to Pray	1.00

Greeting Booklets

Challenge of the Dawn	.10	Land Is Bright, The	.10
For Thy Benediction	.10	Mental Equivalent, The	.10
Gift of Immortality, The	.10	Sanctuary	.10
God Bless Your Birthday	.10	Song of Life, The	.10
God Is Blessing You Now	.10	Stream of Life, The	.10
Holy Bread	.10	Where I Am King	.10

(Any 12 of these booklets $1. Envelope included)

NEWS from UNITY

Series by Doctor Bach Begins This Month

Dr. Marcus Bach, the distinguished University of Iowa professor and author of many fine books, has inspired thousands with his writings. Unity takes great pleasure in announcing that a new series of his articles will appear in *Good Business* magazine, beginning with the June issue. This series is entitled "Of Faith and Work," and the first article, "A Matter of Shoes," tells the story of Martin Mondl and the Mondl Manufacturing Company.

"There's such a thing as making God one's partner," says Mr. Mondl, "and He has ways of helping a man if a man is honest and sincere. It's the thing that makes business—like life—an exciting adventure."

A *Good Business* subscription, beginning with the June issue, will make an especially nice gift for Father's Day, which is June 20 this year. *Good Business* is $1 a year.

A Radio Chain for "Unity Viewpoint"

From a friend in Pennsylvania comes this excellent suggestion for sharing the radio program "Unity Viewpoint" with others:

"You will be glad to know that hundreds of eager listeners are at their radios in our city each morning for 'Unity Viewpoint.' We started a sort of endless chain—each day we telephone someone who does not know about the program, and he listens and promises to call someone else next day. We have received letters and phone calls each day since we started the plan."

You may wish to try this suggestion in your neighborhood, and you may obtain a free radio schedule giving

the time and station of the broadcast in your locality by writing to Unity headquarters, Lee's Summit, Missouri.

Unity Ministry Offers a Promising Career

1. If you are a young man between the ages of 25 and 45
2. If you are a high-school graduate
3. If you are a capable typist
4. If you are vitally interested in the Unity teaching, here is opportunity for you.

To meet the constantly growing demand for spiritual leadership in Unity centers, Silent Unity conducts an educational program to train new leaders and ministers. In order that a student may support himself while he is being trained, employment is provided by Silent Unity. May we send you who fulfill the four requirements listed above a booklet explaining the training program in detail?

The classes of the ministerial training program are also open, in some instances, to men and women who may want to study the teachings of Unity for their own spiritual satisfaction but who do not wish to become leaders or ministers. Employment is not provided for these persons, and there are no age or educational requirements for them. Living accommodations are available at reasonable rates at Unity Village during the months these classes are in session.

Requests for information or questions about ministerial training should be addressed to the Ministerial Training Program, Unity School of Christianity, Lee's Summit, Missouri.

Daily Word *Translated into Swedish and Finnish*

Because the German edition of *Daily Word* has proved so successful, Maija Blomberg and the other faithful workers who supervise the printing of Unity literature in Swedish and Finnish have translated and published one issue of the magazine in these languages. The material for this issue of *Daily Word* was sent to Mrs. Blomberg from Unity School some time ago, and the printed copies are now available. If this experimental venture proves successful, these workers plan to continue to translate *Daily Word* regularly.

For information about *Daily Word* in Swedish or Finnish, write to Mrs. Maija Blomberg, Tervakoski, Finland.

English and Spanish Pamphlets Released

The following pamphlets, which have inspired the many persons who have received them inclosed with Silent Unity letters, have now been released for general sale:

"Two Words," by Billie Rhea, printed in English; and "Help Thou Mine Unbelief," by James Dillet Freeman, printed in Spanish. These pamphlets are priced at 5 cents each, as are the other Unity pamphlets. An order blank listing all the Unity pamphlets available will be sent to you upon request to Unity School of Christianity, Lee's Summit, Missouri.

New Serial Begins in Wee Wisdom

"Cheers for the Winner" is the title of the new six-part serial that begins in the June issue of *Wee Wisdom,* Unity's Truth magazine for children. Written by Florence M. Davis, this is an exciting story about the Soap Box Derby.

Building a car to enter in this race is an exacting task for young Brad Emery, as he is limited on the amount of help he can have and type of material that he can use. Both boys and girls will love following this thrilling story and reading all the other stories, poems, puzzles, prayers, and regular features in *Wee Wisdom.* The perfect gift for boys and girls on Children's Day (June 13), for birthdays, or for other special occasions, *Wee Wisdom* is published each month and is only $2 a year.

Unity Book Placed in Public Library

"A few days ago in the name of our Unity group I placed the book *The Household of Faith,* by James Dillet Freeman, in our public library. I was told that it would have to be appraised before they could accept it and that they would let me know later. A few moments ago I answered a telephone call, and a man's voice told me that the library would gratefully accept the book and put it on their shelves. His voice was eager and enthusiastic as he told me that he considered it a very good book, and he was profuse in his thanks. I think it would be a good idea to remind others through the periodicals to see that Unity literature gets into the public libraries."

Unity School is truly grateful to such friends who do so much to spread the Truth

teaching to those who are seeking to know the way.

"Scarcely a Day Passes without a New Joy"

"I have so much to thank Unity for! Its wonderful literature. *Daily Word,* UNITY, and *Weekly Unity* have a prominent place on my reading table. I turn to them many times a day, and I seem always to find the very thoughts and ideas I need. The covers of the first two magazines are an inspiration in themselves, and the very individual artistic drawings on *Weekly Unity* express deep peace.

"I have added to my Unity library as I can and find that every book I have purchased is one I can go back to, time after time, and receive greater understanding each time. The books are priced so very moderately, and for this I am sure many others are also grateful. *Keep a True Lent* gave me the guidance and inspiration I have long desired for making Lent a really helpful period. My latest addition is *Best-Loved Unity Poems,* and it already looks a bit thumb-worn.

"The Prosperity Banks, with their accompanying drills, have given me a much greater understanding of true prosperity than I had ever known. Truly God has blessed and multiplied the offerings I have been able to make. Scarcely a day passes without some wonderful, wholly unexpected blessing and joy coming my way. Friends say, 'Well, if you aren't the lucky one!' But we know it is not so-called luck. God bless you all at Unity and the great work you are doing!"

"The Fellow You Can't Stand"

"Probably the biggest single cause of disharmony in an office, shop, or neighborhood is what is commonly referred to as the 'personality clash,'" writes Anne Howard Waters in her article "The Fellow You Can't Stand," which appears in the June issue of *Good Business.*

"*Is* it possible to switch from an attitude of disapproval to one of friendship—or at least tolerance—and do it sincerely?" she asks. "Yes, it can be done, and more easily than you might imagine," she answers.

Good Business is Unity's magazine for business people which shows how Christian principles can be used in the business world. Published monthly, it is $1 a year.

"The Mystery of the Moving Shadow"

"If Chet McGuire hadn't walked into the store when Will Martin was telling about it, the crowd might have accepted one listener's explanation—'Will, you jes' fell asleep drivin' home, and when you woke up you imagined the whole thing'—and the incident would've been forgotten.

" 'Nothing of the sort!' Will had declared indignantly. 'The same thing followed me twice before.'

" 'This,' said Chet, joining the circle around Will, 'sounds interesting. What's it all about?' "

Teen-agers will enjoy this exciting story by Leslie Sumner Bray in which Chet McGuire solves a mystery and brings happiness to three persons. The story "The Mystery of the Moving Shadow" appears in the June issue of *You* magazine.

You is Unity's monthly magazine for young people, published to help them solve their problems through Truth and learn to live purposeful, happy lives. In addition to exciting, uplifting stories, *You* contains articles about young people who have succeeded by following high ideals; short inspirational poems and quotations; Tri-Crostic puzzles; a message from the executive secretary of the Youth of Unity; "Rhythm and Rhyme," publishing compositions of teen-age poets; "Between the Lines," a practical Bible interpretation; letters from readers; and other fine features. A year's subscription for *You* (twelve fascinating issues) is only $1.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

To Introduce Others to Truth

With the aim of bringing Truth to new readers, *Weekly Unity,* Unity's weekly Truth periodical, will publish a series of four new articles that were written especially to present the fundamentals of the Unity teaching in clear, understandable terms. These articles will show the beginner in Truth that he need not wait until he has complete understanding. They will show him how he can begin at once to apply the teaching to his daily life and receive immediate benefit.

This series, which will be published in the four July issues of *Weekly Unity,* is entitled "Possibilities of Prayer." It was written by Gardner Hunting, a favorite Truth writer for many years, and is composed of these articles: "Hope and Expectation," "Your Father's Good Pleasure," "Ask for What You Want," and "For a Rainy Day."

If you have a friend or loved one whom you have been wanting to help, send him a gift subscription for *Weekly Unity.* Be sure to order right away and ask that the subscription begin with the July 4 issue, so that the entire series will be included. You will enjoy this series for yourself, too, for even though you may be advanced in your study of Truth you will find much of value in these clear and well-written articles. *Weekly Unity* is $1 a year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Peace Begins at Home

World peace is in everyone's thoughts these days. But in order to have peace in the world, we must first set our own minds at peace. *Peace Begins at Home,* Unity's new book by Clara Beranger, goes right to the heart of the problem. Published for use in the 1954 Unity Summer Demonstration Program, this book deals with conditions within ourselves as well as our relations with others.

Peace Begins at Home is rich with warm, human-interest stories of how others have brought peace into their lives, and its interesting examples show how we may do the same. First published in UNITY magazine and found exceedingly helpful, this material includes such chapters as "Retrospection," Skepticism," "Fear," "Tension," and "Intolerance."

PASSPORT TO PEACE

To help Truth students demonstrate peace in their lives during the Unity Summer Demonstration Program, we have prepared a free guide booklet entitled *Passport to Peace.* This booklet outlines a systematic plan of reading and prayer by which one can get the most out of the book and the observance. Order your copy of *Peace Begins at Home,* priced at $1; receive the free booklet *Passport to Peace;* and take part in the Unity Summer Demonstration Program this year.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

What Are You Waiting For?

Why wait longer for the prosperity you desire? Your good is ready for you now, waiting for you to claim it.

A good way to claim your good is to follow the Prosperity Bank drill, a plan of prayer designed to help you realize the presence of good in your life. Silent Unity will pray with you while you follow the drill and save for three UNITY gift subscriptions to be sent to your friends. You may obtain a Prosperity Bank with complete instructions for its use by filling in the coupon below, clipping and mailing it to:

UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MO.

Here is my order for three UNITY gift subscriptions and a Bank in which to save the $3 cost of these subscriptions.

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

Please indicate postal zone number, if cities are so divided.

U-6-54

Announcing

A GREETING BOOKLET FOR BIRTHDAYS!

In response to many requests, Unity has published a new greeting booklet especially for birthdays. Entitled *God Bless Your Birthday,* this booklet has been in preparation for some time and a great deal of prayerful thought has gone into its making.

You and your friends will be pleased with its attractive brown-and-green cover printed with flowers and a cheery little songbird; you will be inspired by the more than ten poems appropriate for birthdays and the twelve short prayers and blessings, one for each month of the year. You will enjoy sending *God Bless Your Birthday* in place of a greeting card, and you will want to keep a copy handy to quote from when writing birthday letters.

Some of the selections that you will find especially inspiring are: "God Bless Your Birthday," by James Dillet Freeman (printed on the back cover); "This Is the Year!" by Russell A. Kemp; "On a Friend's Birthday," by Beth Dodds Hinds; "My Birthday," by Ada B. Talman; "Happiness," by Grace Noll Crowell; and "Life Worth While," by Clarence Edwin Flynn.

Copies of *God Bless Your Birthday,* including envelopes for mailing, are only 10 cents each or 12 for $1. Order yours today and keep a supply on hand to send to your friends.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

Prayer for a New Home

Berniece Ayers Hall

Lord, each new beam and rafter that we raise
We ask that Thou wouldst bless—
Planed, sun-warmed, seasoned timbers taking form
Beneath Thine eternal watchfulness.
Lo! consecrate every plank and nail
Fitted to make our new home strong,
Walls to embrace and keep a family close,
Snug roof to shelter it for long.
Bless each threshold, over which may step young feet
That would some worthy mission serve;
Grant that others step across these portals wide,
Priceless friendships to preserve.
But more than skiliful, man-made frame of wood,
Blueprints, paint, and masonry,
The breath and sinew of a home must speak
A spirit's heavenly harmony.
Thou art a vital presence, Lord, sought to
Inhabit with us each new room;
We cannot hear Thy footsteps, see Thy face,
And yet Thou dost illumine
With Thine own self our lives from day to day;
O Master, break our bread! We bid Thee stay!